



c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

JACKSON, RICHARD A
304 E Leigh St
Richmond, VA, 23219-1410

Dear Dr. JACKSON, RICHARD A

Through our partnership with Focus Care, your patient, covered through Virginia Premier Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

LINWOOD G HOLT
1958-06-01
11001252

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

Thomas Lundquist, M.D.
Chief Medical Officer
Virginia Premier Health

Patient Assessment Summary

Name	: LINWOOD G HOLT	Age	: 63
Date of Birth	: 1958-06-01	Member ID	: 11001252
Evaluator Name	: Charlie	Date	: 2021-07-14T07:55
Gender	: Male	Address	: 600 WESTOVER HILL BLVD #B,RICHMOND,VA
Lob	: DSNP	Marital Status	: Single
Email	:	Phno	: 8042049775,8043096895

Your Vital Signs

Blood Pressure	120/66 mmHG	Pulse	65 bpm	Respiratory Rate	18
Temp	98	Pulse Oximetry	98	Pain Scale /10	0
Age	63	Patients Height	5 feet 9 inch	Patients Weight	156 lbs
BMI	23.0(Obesity (BMI 30 – 34.9))				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	Select				
HBA1C	Select				
MICROALBUMIN	Select				
FOBT	Select				
DEXA	Select				
PAD	Select				
Peak Flow Meter	Select				

Allergies

Answer: No

Your Medications

Comment : Denies taking suboxone. Patient taking Methadone 90mgs, prescribed by Dr. Krista Pine/Dr. K Suvdam.

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
HIV	DESCOVY	TAB 200/25MG	PO = By Mouth	QD	Dr. Dilip Mahale	Taking
HIV	TIVICAY	TAB 50MG	PO = By Mouth	QD	Dr. Daniel Nixon	Taking
Depression	MIRTAZAPINE	TAB 15MG ODT	Select	Select	Unknown	Not Taking
Drug addiction	SUBOXONE	MIS 8-2MG	Select	Select	Unknown	Not Taking
Nausea from HIV	PROMETHAZINE	TAB 25MG	PO = By Mouth	PRN	OTC	Not Taking
For taking Methadone	BUPREN/NALOX	MIS 8-2MG	N = Nasal	PRN	Dr. Catolico	Taking
Pneumonia	ALBUTEROL	FAT E	Select	Select	Unknown	Not Taking
BPH	FINASTERIDE	TAB 5MG	Select	Select	Unknown	Not Taking

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Over the Counter Medications / Supplements

Answer: **yes**

Date	Description	Dose/Units	Route	Frequency
2021-07-14	Promethazine	Unknown	PO = By Mouth	PRN
2021-07-14	Advil Sinus	Unknown	PO = By Mouth	PRN

- Race

Answer: **African American**

- Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

Myopia, Supported By Glasses/ lenses

Cirrhosis, Supported By Lab studies

End Stage Liver Disease : **No**

HIV, Supported By Medications

Viral load : **Patient reports he had labs done 3 months ago & his viral load was not detected.**

C4 : **Patient states he does not know what his C4 level was when it was checked 3 months ago.**

Patient currently symptomatic : **No**

Is patient currently under active treatment : **Yes**

History Of

Sinus Infections, Supported By Medications

Exudate : **Clear**

Pneumonia, Supported By Hospitalization

Etiology : **Other Bacterial**

History / finding of Lung abscess : **Yes**

History / finding of Empyema : **No**

Pancreatitis, Supported By Other

Recurrent episodes : **No**

on a specific diet : **Yes**

"Bland diet" - no acidic or spicy foods

Depression, Supported By Use of antidepressant medication

Major : **NO**

Drug Dependence, Supported By Use of recreational drugs

History of Psychosis : **No**

What drug/s : **Heroin**

BPH, Supported By Medication

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Care management related to self - assessment and psychosocial behaviors

- Social service referral to further assess social support infrastructure
Do you have someone who can help if you are sick or have problems? : **Yes**
Comment :
- Counsel patient on and or provide medication for smoking cessation.
Tobacco Use : **Current**
Comment :
Type : Cigarettes
Comment :
How Many : **1 pack**
Comment :
- Patient requires further evaluation regarding use of recreational drugs or pain medication.
Do you or have you used recreational drugs or pain medication? : **Yes**
Comment :
- Counsel patient on the need for a Healthcare Proxy.
Do you have a Healthcare Proxy? : **No**
Comment :
- Counsel patient on the need for a Durable Power of Attorney.
Do you have a Durable Power of Attorney? : **No**
Comment :
- Counsel patient on the need for an Advance Directive.
Do you have an Advance Directive? : **No**
Comment :
- Further assessment is required with a GAD 7 and or referral for a psychological evaluation
Currently a caregiver for someone : **Yes**
Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : **No**

Refer patient for a physical therapy evaluation related to ADL's

B. Getting in or out of chairs : **No**

C. Toileting : **No**

D. Bathing : **No**

E. Dressing : **No**

F. Eating : **No**

G. Walking : **No**

H. Going up or down stairs : **No**

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Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: None

Comment:

Are you currently seeing any specialists?

Answer: Yes

Medical Specialty	Specialist	For
Other	Hepatologist, Dr. Sterling	Hepatitis C
Infectious Disease Specialist	Dr. Dixon & Dr. Mahale	HIV

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Seen your PCP : 2

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : 1

If one or more, describe

Went to the ER for a cough January 2021

C. Stayed in the hospital overnight : 1

If one or more, describe

Hospitalized for 4 days during January 2021 for pneumonia

D. Been in a nursing home : None

E. Had Surgery : None

- Have you ever been hospitalized prior to the last 12 months?

Answer: No

- In the past year how many times have you Fallen?

Answer: None

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

-Have you lost weight in the past 6 months?

Answer: None

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	Yes
Breast Exam/Mammography	Not Applicable
Cervical Screening	Not Applicable

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Bone Density	Not Applicable
Prostate Exam/PSA	Yes
If Diabetic Eye Exam	Not Applicable
If Diabetic Foot Exam	Not Applicable
If Diabetic Hgb A1c screen	Not Applicable
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: Yes

Family Member	Medical Condition	Cause of Death
Mother	CHF, DM, Kidney failure	End organ failure
Father	Unknown	MI
Sibling1	DM, cancer, kidney failure	Unknown type of cancer

- In the past year how many times have you Fallen?

Answer: None

Assessors Comments :

Patient gave consent for the visit and was verified by stating his name and birthday. Patient was assessed with an in person visit.

Mr. Holt is a 63 year old male who has a PMH of HIV, opioid dependence, depression, hepatitis C, depression, myopia and presbyopia. Patient states he has a history of depression and was seeing psychologist two years ago for treatment. He is not currently receiving treatment for depression. He states he knows he can go to the Daily Planet Medical offices any day to receive care if he starts to feel down, depressed or hopeless. Patient currently smokes cigarettes and marijuana. Encouraged patient to stop smoking and reviewed resources to quit. Patient is undergoing treatment hepatitis C at MCV hospital out patient services with Dr. Sterling. Pt has a past history of heroine use for 5 years. Patient currently is enrolled at a Methadone clinic & attends once per week. He has a Methadone prescription from Dr. Krista Pine/Dr. K. Suvdam at the Family Counseling Center for Recovery - Southlake. Patient sees his PCP every six months and has an appointment with his PCP in September 2021. Patient is concerned about his future living situation because he lives with/sub-rents from his roommate who is elderly. He is not on the lease and states if something happened to his roommate then he has no where to live. Submitted a non-urgent referral for follow-up.