

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

COMBS, KIMBERLY H
2019 Tate Springs Rd Ste A
245011131

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c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

COMBS, KIMBERLY H
2019 Tate Springs Rd Ste A
Lynchburg

COMBS, KIMBERLY H

Through our partnership with Focus Care, your patient, covered through Virginia Premier Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

SHANNON M RAY
1992-07-20
11002774

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

Sincerely,

Thomas Lundquist, M.D.
Chief Medical Officer
Virginia Premier Health

Patient Assessment Summary

Name	: SHANNON M RAY	Age	: 29
Date of Birth	: 1992-07-20	Member ID	: 11002774
Evaluator Name	: undefined	Date	: undefined
Gender	: Female	Address	: 3338 CAMPBELL AVE,LYNCHBURG,VA
Lob	: DSNP	Marital Status	: Single
Email	:	Phno	: 4343168908,

Your Vital Signs

Blood Pressure		Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	3/10
Age	29	Patients Height	5	Patients Weight	325
BMI	52.5				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	No				Virtual, no screenings
HBA1C	Yes	2020-12-28	4.9		
MICROALBUMIN	No				
FOBT	No				
DEXA	Select				
PAD	No				
Peak Flow Meter	No				

Allergies

Answer: yes

Comment : **Additional Allergies (she referred to complete Allergy list b/c unable to recall all)

Substance	Reaction
Cipro	Anaphlyx
Topamax	Hallucinations
Inhaled Steroids	Chest pain
Bactrim	Facial/mouth swelling
Phentermine	SI/HI

Your Medications

Comment : Aimovig injections Q1month

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
2021-03-23	Effexor (1.5 tabs)	100mg	PO = By Mouth	BID		Taking
2021-03-23	Verapamil	80mg	PO = By Mouth	QD		Taking
2021-03-23	Trillepta	600mg	PO = By Mouth	BID		Taking
2021-03-23	Wellbutrin	75mg	PO = By Mouth	QD		Taking
2021-03-23	CLonidine (4)	0.2mg	PO = By Mouth	HS		Taking
2021-03-23	Propanolol	60mg	PO = By Mouth	BID		Taking

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2021-03-23	Protonix	40mg	PO = By Mouth	HS		Taking
2021-03-23	Singulair	10mg	PO = By Mouth	QD		Taking
2021-03-23	Buspar	30mg	PO = By Mouth	BID		Taking
2021-03-23	Lasix	20mg	PO = By Mouth	QD		Taking
2021-03-23	Baclofen	10mg	PO = By Mouth	TID		Taking
2021-03-23	Lunesta	3mg	PO = By Mouth	HS		Taking
2021-03-23	Melatonin	6mg	PO = By Mouth	HS		Taking
2021-03-23	Phenergan	25mg	PO = By Mouth	HS		Taking
2021-03-23	Aimovig	70mg	SQ = Subcutaneous	QW		Taking
2021-03-23	Lyrica	100mg	PO = By Mouth	BID		Taking
2021-03-23	Claritin	10mg	PO = By Mouth	PRN		Taking

Over the Counter Medications / Supplements

Answer: **yes**

Date	Description	Dose/Units	Route	Frequency
2021-03-23	Tylenol	500mg	PO = By Mouth	prn
2021-03-23	Ibuprofen	200mg	PO = By Mouth	prn
2021-03-23	Calcium	600mg	PO = By Mouth	QD
2021-03-23	Glucosamine	1 tab	PO = By Mouth	QD
2021-03-23	Multivitamin/Vitamin / Vitamin D/Zinc Complex	1 tab /each	PO = By Mouth	QD

Race

Answer: **Caucasian**

Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

Other

OtherAllergic Rhinitis--Tx Singulair & Claritin (prn)

Hypertension

Adequately controlled**Yes**

Other

OtherBilat Lower Extrem Edema (Tx Lasix)

GERD

Bipolar Disorder

Depression

Major**Yes**

Supported by : Chronic use of antidepressant medication beyond 6 months

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Generalized Anxiety Disorder

Migraine Headaches

Other

Other**Insomnia & Sleep Disorder with night terrors (Active with History & Sx)--Tx Clonidine, Lunesta, Melatonin

**NonEpileptic Pseudo Seizures (Psychological etiology)--Trileptal

**RLS ((Active, with History & Sx) --Tx Baclofen

**PTSD (History with Sx)

Other

OtherRt Arm Congenital deformity with excessive fluid accumulation & swelling, with associated chronic pain (Tx Lyrica for pain & Fluid extraction by Plastic Surgeon prn)

Other

OtherHypoglycemia (Tx Verapamil)

History Of

Asthma

DescribeImproved & subsided since Gastric Bypass surgery

Is patient on controller medicationsNo

Does patient use rescue medicationsNo

Does patient have current exacerbationNo

Other

Other**2013--Gastric Bypass (Roux -en-Y)--Vitamins (Zinc, Vitamin B complex, Vitamin D)(30lb wt loss reported)

**Hx Fatty Liver (NASH)--stable with Gastric Bypass & associated weight loss

Hypothyroidism

Care management related to self - assessment and psychosocial behaviors

Based on score of initial screen, cognitive function is questionable, refer to Neurology for further assessment.

Mini cog0

Comment :

Social service referral to further assess social support infrastructure

Do you have someone who can help if you are sick or have problems?Yes

Comment :

Counsel patient on the need for a Healthcare Proxy.

Do you have a Healthcare Proxy?No

Comment :

Counsel patient on the need for a Durable Power of Attorney.

Do you have a Durable Power of Attorney?No

Comment :

Further assessment is required with a GAD 7 and or referral for a psychological evaluation

Are you nervous, anxious, feel on the edge or often feel stressed?Yes

Comment :

Do you worry too much about different things?Yes

Comment :

Counsel patient on the need for an Advance Directive / MOLST orders

Advance Directive / MOLST orders Yes

Comment :

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Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : **No**

Refer patient for a physical therapy evaluation related to ADL's

B. Getting in or out of chairs : **No**

C. Toileting : **No**

D. Bathing : **No**

E. Dressing : **No**

F. Eating : **No**

G. Walking : **No**

H. Going up or down stairs : **No**

Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: None

Comment:

Are you currently seeing any specialists?

Answer: Yes

Medical Specialty	Specialist	For
Psychiatrist		Bipolar/Depression/Anxiety/Sleep disorder
Neurologist		Migraines
Gastroenterologist		PUD/ GERD
Other	Plastic Surgeon	Rt Arm Congenital deformity
Other	Bariatric Services	Hx Gastric Bypass

If no activities are checked as need some help or total help

Refer patient for a physical therapy evaluation : **3**

A. Seen your PCP

Comment: Last visit Feb 2021, Visits Q3months

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : **2**

If one or more, describe

Oct 2020--Intractable Vomiting

Jan 2021--Mental Health Sx (admitted to Mental Health/Psych ward x8days

C. Stayed in the hospital overnight : **2**

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If one or more, describe

Jan 2021 Mental Health admission , x8days Inpatient

D. Been in a nursing home : None

E. Had Surgery : None

Have you ever been hospitalized prior to the last 12 months?

Answer: Yes

Describe

Answer: 2013--Gastric Bypass surgery

- In the past year how many times have you Fallen?

Answer: None

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

Have you lost weight in the past 6 months?

Answer: None

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	No
Breast Exam/Mammography	No
Cervical Screening	Yes
Bone Density	No
Prostate Exam/PSA	Not Applicable
If Diabetic Eye Exam	Not Applicable
If Diabetic Foot Exam	Not Applicable
If Diabetic Hgb A1c screen	Not Applicable
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: Yes

Family Member	Medical Condition	Cause of Death
Mother	Early CAD/MI/CHF/DM	
Other	MGF (Early CAD/MI)	
Other	PGM (DM)	

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- In the past year how many times have you Fallen?

Answer: **None**

Assessors Comments :

Annual Health Assessment, responses provided by member (Shannon)

She has numerous chronic medical issues & numerous Tx's. Also, followed by numerous Specialist to help manage her numerous medical issues.

Hx Gastric Bypass (2013) with reported 30lbs weight loss has successfully come off some of previously prescribed meds for HTN & Asthma. Also, Sleep apnea resolved since surgery.

****Virtual visit, therefore some blank responses due to limited assessment info.**

****Verification: Name/DOB**