

Name	: SUSAN E GILLS	Age	: 63
Date of Birth	: 1957-09-02	Member ID	: 11007822
Evaluator Name	: Candace	Date	: 2021-04-30T16:30
Gender	: Female	Address	: 678 INDUSTRY RD,NORTH TAZEWELL,VA
Lob	: DSNP	Marital Status	: Single
Email	:	Phno	: 2762453395,

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

THOMAS E BRINEGAR DO
112 Spruce St
Bluefield,VA,246051755

Dear Dr. THOMAS E BRINEGAR DO

Through our partnership with Focus Care, your patient, covered through Virginia Premier Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

SUSAN E GILLS
1957-09-02
11007822

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

Focus Cares

Thomas Lundquist, M.D.
Chief Medical Officer
Virginia Premier Health

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Your Vital Signs

Blood Pressure		Pulse	96 bpm	Respiratory Rate	
Temp		Pulse Oximetry	93	Pain Scale /10	4
Age	63	Patients Height	5 feet 4 inch	Patients Weight	91 lbs
BMI	15.6(Malnutrition (BMI < 18.5))				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	Select				
HBA1C	Select				
MICROALBUMIN	Select				
FOBT	No				Unable to perform due to virtual visit.
DEXA	Select				
PAD	Select				
Peak Flow Meter	Select				

Allergies

Answer: **yes**

Substance	Reaction
Penicillin & Demerol	swelling

Your Medications

Dose Date	Label Name	Dose / Units	Route	Frequency	Status
2021-04-30	Vitamin D	5000 units	PO = By Mouth	QD	Taking
2021-04-30	Prilosec	20mg	PO = By Mouth	QD	Taking
2021-04-30	Zocor	20mg	PO = By Mouth	QD	Taking
2021-04-30	Singulair	10mg	PO = By Mouth	QPM	Taking
2021-04-30	Claritin	10mg	PO = By Mouth	QD	Taking
2021-04-30	Simbicort	160/4.5mcg	PO = By Mouth	QD	Taking
2021-04-30	ProAir	180mcg	PO = By Mouth	PRN	Taking

Over the Counter Medications / Supplements

Answer: **No**

- Race

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Answer: **Caucasian**

- Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

Myopia, Supported By Glasses/ lenses

Tinnitus, Supported By History, Symptoms

Chronic Post Nasal Drip, Supported By History, Medications

Other, Supported By History, Medications

Other : **seasonal allergies - Claritin**

Chronic Respiratory Failure, Supported By Chronic use of O2 at >2L/min

COPD, Supported By O2 use, Brinchodilator medication

Has patient been told they have Chronic Bronchitis : **No**

Has patient been told they have Emphysema : **Yes**

Is patient on Bronchodilator : **Yes**

Taking Symbicort and ProAir

Route is : **Inhaled**

Is patient on Steroids : **No**

Does patient have current exacerbation : **Yes**

Supported by : **Increased sputum production**

States that when she gets up in the morning she coughs up clear sputum. Feels that the weather and pollen outside is making it worse

Hypoxemia, Supported By O2 saturation of <90% on room air

Hyperlipidemia, Supported By Medication

Is patient on Statin : **Yes**

Taking Zocor

Diverticulitis, Supported By Colonoscopy, Image studies

Abscess : **No**

Fistula was present

Perforation : **No**

On a high fiber diet : **No**

GERD, Supported By Medications

Generalized Anxiety Disorder, Supported By Symptoms

Osteoporosis, Supported By DEXA scan

Other, Supported By History, Symptoms

Other : **all over muscle weakness but states that the left side is worse than the right.**

Other, Supported By History, Symptoms

Other : **extremely dry skin all over - uses regular lotion**

Vitamin D Deficiency, Supported By Medications

History Of

Nose Bleeds

Sinus Infections, Supported By History

Exudate : **Clear**

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Other, Supported By History

Other : States that when she was in the hospital in November/December 2020 she was told that she had fluid on her heart.

Bowel Obstruction, Supported By Hospitalization, Other

Describe : Patient had a colostomy placed and stated that there was a fistula of her vagina and large intestine.

Stroke, Supported By Other

Cancer, Supported By Imaging studies, Surgery

Type : Breast

Specific type/s : Unsure Left Mastectomy in 2000

Stage or Classification specific to the cancer : Stage 1

Active treatment : No

History / Finding of Metastasis : No

Do you see a specialist? : No

Care management related to self - assessment and psychosocial behaviors

- Further assessment and questioning should be done to determine if patient's literacy level is adequate, limited or poor to determine the best method to communicate instructions and information to the patient.

When you get written information at a doctor's office would you say it is? : Somewhat difficult

Comment : She usually has someone to go with her. Short term memory.

- Social service referral to further assess social support infrastructure

Who do you currently live with? : Personal Care Worker

Comment :

Do you have someone who can help if you are sick or have problems? : Yes

Comment :

- Counsel patient on and or provide medication for smoking cessation.

Tobacco Use : Current

Comment :

Type : Cigarettes

Comment :

How Many : Other

Comment :

- Patient requires further evaluation regarding use of recreational drugs or pain medication.

Do you or have you used recreational drugs or pain medication? : Yes

Comment :

- Counsel patient on the need for a Healthcare Proxy.

Do you have a Healthcare Proxy? : No

Comment :

- Counsel patient on the need for a Durable Power of Attorney.

Do you have a Durable Power of Attorney? : No

Comment :

- Counsel patient on the need for an Advance Directive.

Do you have an Advance Directive? : No

Comment :

- Further assessment is required with a GAD 7 and or referral for a psychological evaluation

Are you nervous, anxious, feel on the edge or often feel stressed? : Yes

Comment :

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Do you worry too much about different things? : **Yes**

Comment :

Do you feel afraid that something bad might happen? : **Yes**

Comment :

- Further assessment is required with a PHQ9 and or referral for a psychological evaluation

have you been feeling down, depressed or hopeless at times : **Nearly every day**

Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADLs.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : **Need Some Help**

Refer patient for a physical therapy evaluation related to ADLs

B. Getting in or out of chairs : **Need Some Help**

C. Toileting : **Need Total Help**

D. Bathing : **Need Total Help**

E. Dressing : **Need Some Help**

F. Eating : **No**

G. Walking : **Need Some Help**

How far can you walk : **Household only**

H. Going up or down stairs : **Need Some Help**

How many stairs can you climb : **Three to five**

Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: Cane , Bedside Commode , Bed Pan , Other

Are you currently seeing any specialists?

Answer: **Yes**

Medical Specialty	Specialist	For
Pulmonologist	Unsure of the name	lungs

- Patient should be referred for a physical therapy evaluation related to ADLs.

Refer patient for a physical therapy evaluation

A. Seen your PCP : **1**

Refer patient for a physical therapy evaluation related to ADLs

B. Visited the Emergency Room : **4**

If one or more, describe

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colostomy - diverticulitis, broken hip (July 2020), COPD

C. Stayed in the hospital overnight : 4

If one or more, describe

colostomy - diverticulitis, broken hip (July 2020), COPD

D. Been in a nursing home : None

E. Had Surgery : 2

If one or more, describe

hip repair, colostomy placement (October/November 2020)

- Have you ever been hospitalized prior to the last 12 months?

Answer: Yes

Describe

Answer: COPD

- In the past year how many times have you Fallen?

Answer: Three times

Do you worry about falling or feeling unsteady when standing or walking

Answer: Yes

Worries about falling or feeling unsteady when standing or walking?

Answer: Yes

Did you have a fracture in past 6 months?

Answer: No

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

-Have you lost weight in the past 6 months?

Answer: More than 15lbs

Comment: lost 40 lbs within the last year - this was due to her having the diverticulitis and bowel obstruction. She is just starting to get her appetite back.

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	Yes
Breast Exam/Mammography	Yes
Cervical Screening	Yes
Bone Density	Yes
Prostate Exam/PSA	Not Applicable
If Diabetic Eye Exam	Not Applicable
If Diabetic Foot Exam	Not Applicable

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If Diabetic Hgb A1c screen	Not Applicable
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: Yes

Family Member	Medical Condition	Cause of Death
Father	heart disease	heart attack
Mother	unknown	unsure - possible broken heart - thinks that she committed suicide
Sibling1	5 brothers - heart disease, DM, colostomy bag, lung cancer, heart attack,	still living
Sibling2	sister - gastric bypass	sepsis

- In the past year how many times have you Fallen?

Answer: **Three times**

Do you worry about falling or feeling unsteady when standing or walking

Answer: Yes

Worries about falling or feeling unsteady when standing or walking?

Answer: Yes

Did you have a fracture in past 6 months?

Answer: No

Assessors Comments :

This is a completed audio & video virtual visit. Verbal consent was received by the patient to conduct this virtual visit. Patient identity was verified by address and DOB. Palpation, percussion, and auscultation portions of the assessment were unable to be performed due to this being a virtual visit. Unable to obtain complete set of VS, during HRA visit, due to virtual visit.

Patient denies any kidney issues. Also, she states that she was prescribed Buspar and informed her PCP that it was not working for her but they will not change it. She states that for the past year she has has so many health issues and her original PCP passed away. When she was discharged from the hospital in November/December 2020 she had to find another provider and this provider has not really been addressing her issues. She feels that her anxiety has increased and states that the only thing that worked for her is Xanax which her new provider will not prescribe for her. Since she has been recovering from her diverticulitis and bowel obstruction repairs she states that her appetite has slowly started to return but she was not feeling like eating anything during her extreme illness. She reports that her COPD is getting worse and would like to inquire about getting a nebulizer says that this is sometimes a source of her anxiety. Her PHQ9 score is elevated, advised patient that she really needs to be taking some medications as well as speaking with a counselor or therapist, will submit a referral to see if she can get some assistance.