



c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

DIDUCH, BARRY KENT
851 STATLER BLVD
STAUNTON,VA,244014894

Dear Dr. DIDUCH, BARRY KENT

Through our partnership with Focus Care, your patient, covered through Virginia Premier Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

LINDA S LOVEGROVE
1952-04-01
11008076

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

Thomas Lundquist, M.D.
Chief Medical Officer
Virginia Premier Health

Patient Assessment Summary

Name	: LINDA S LOVEGROVE	Age	: 69
Date of Birth	: 1952-04-01	Member ID	: 11008076
Evaluator Name	: Leslie	Date	: 2021-07-07T11:10
Gender	: Female	Address	: 1310 LYLE AVE,STAUNTON,VA
Lob	: DSNP	Marital Status	: Single
Email	:	Phno	: 5404487504,5402946275

Your Vital Signs

Blood Pressure	/[object Object] mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	0
Age	69	Patients Height	5 feet 6 inch	Patients Weight	330 lbs
BMI	53.3(Morbid Obesity (BMI = or > 40))				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	Select				
HBA1C	Select				
MICROALBUMIN	Select				
FOBT	Select				
DEXA	Select				
PAD	Select				
Peak Flow Meter	Select				

Allergies

Answer: **yes**

Substance	Reaction
Codeine	RASH
Sulfa	RASH

Your Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
Thyrototoxicosis	METHIMAZOLE	TAB 5MG	PO = By Mouth	QAM	Maybee	Taking
Depression	VENLAFAXINE	CAP 150MG ER	PO = By Mouth	QD	Cheek	Taking
HTN	LISINOP/HCTZ	TAB 20-25MG	PO = By Mouth	QAM	Cheek	Taking
A.Fib	METOPROL SUC	TAB 50MG ER	PO = By Mouth	QD	Maybee	Taking
DM	METFORMIN	TAB 500MG ER	PO = By Mouth	QPM	Cheek	Taking
A.FIB	XARELTO	TAB 20MG	PO = By Mouth	QD	Maybee	Taking
HLD	PRAVASTATIN	TAB 20MG	PO = By Mouth	HS	Cheek	Taking
GERD	FAMOTIDINE	TAB 20MG	PO = By Mouth	BID	Cheek	Taking

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Over the Counter Medications / Supplements

Answer: **yes**

Date	Description	Dose/Units	Route	Frequency
2021-07-07	Tylenol	500mg	PO = By Mouth	PRN

- Race

Answer: **Caucasian**

- Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

Myopia, Supported By Glasses/ lenses

Atrial Fibrillation, Supported By Unknown

Supported by : **Medications**

Is patient taking : **Anticoagulant**

Xarelto, Metoprolol

Cardiomyopathy, Supported By Other

Secondary to Hypertension : **yes**

Hyperlipidemia, Supported By Medication

Is patient on Statin : **Yes**

Pravastatin

Hypertension, Supported By Medications

Adequately controlled : **UnKnown**

GERD, Supported By Medications

Depression, Supported By Use of antidepressant medication

Major : **Yes**

Supported by : **Chronic use of antidepressant medication beyond 6 months**

Venlafaxine

Urinary Incontinence, Supported By Symptoms

Related to stress : **Yes**

Related to : **Urgency**

Describe : **Daily**

Osteoarthritis, Supported By Symptoms, Image studies

Which joints : **bilateral knees, L-S spine**

Diabetes, Supported By Lab tests, Medications

Type : **Type 2**

Most recent Hb A1C, value : **unknown**

And Date : **unknown**

Met with a nurse or dietician for diabetic education : **Yes**

Met with a diabetic educator : **No**

Other, Supported By History, Symptoms, Medications

Other : **Thyrotoxicosis**

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Care management related to self - assessment and psychosocial behaviors

- Based on score of initial screen, cognitive function is questionable, refer to Neurology for further assessment.

Mini cog : 3

Comment :

- Social service referral to further assess social support infrastructure.

During past 3 months has physical or emotional health limited social activities with family, friends, neighbors or groups? : Sometimes

Comment :

- Social service referral to further assess social support infrastructure

Who do you currently live with? : Alone

Comment :

Do you have someone who can help if you are sick or have problems? : Yes

Comment :

- Counsel patient on the need for a Healthcare Proxy.

Do you have a Healthcare Proxy? : No

Comment :

- Counsel patient on the need for a Durable Power of Attorney

Durable Power of Attorney : Yes

Comment :

- Counsel patient on the need for an Advance Directive / MOLST orders

Advance Directive / MOLST orders : Yes

Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADLs.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : No

Refer patient for a physical therapy evaluation related to ADLs

B. Getting in or out of chairs : No

C. Toileting : No

D. Bathing : Need Some Help

E. Dressing : Need Some Help

F. Eating : No

G. Walking : No

H. Going up or down stairs : Need Some Help

How many stairs can you climb : Three to five

Care management related to past medical history

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Do you use any assistive devices? (Check device or none if no devices used)

Answer: Cane , Walker , Wheel Chair

Are you currently seeing any specialists?

Answer: Yes

Medical Specialty	Specialist	For
Cardiologist	Dr. Brammer	A.FIB
Ophthalmologist		Eye exam

If no activities are checked as need some help or total help

Refer patient for a physical therapy evaluation : 3

A. Seen your PCP

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : None

C. Stayed in the hospital overnight : None

D. Been in a nursing home : None

E. Had Surgery : None

- Have you ever been hospitalized prior to the last 12 months?

Answer: Yes

Describe

Answer: pacemaker placement 2019

- In the past year how many times have you Fallen?

Answer: More than three times

Do you worry about falling or feeling unsteady when standing or walking

Answer: Yes

Worries about falling or feeling unsteady when standing or walking?

Answer: Yes

Did you have a fracture in past 6 months?

Answer: No

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

-Have you lost weight in the past 6 months?

Answer: None

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	No
Breast Exam/Mammography	Yes

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Cervical Screening	Not Applicable
Bone Density	No
Prostate Exam/PSA	Not Applicable
If Diabetic Eye Exam	Yes
If Diabetic Foot Exam	Yes
If Diabetic Hgb A1c screen	Yes
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: Yes

Family Member	Medical Condition	Cause of Death
Father	MI	
Mother	CAD, HTN	
Sibling1	CAD	

- In the past year how many times have you Fallen?

Answer: More than three times

Do you worry about falling or feeling unsteady when standing or walking

Answer: Yes

Worries about falling or feeling unsteady when standing or walking?

Answer: Yes

Did you have a fracture in past 6 months?

Answer: No

Assessors Comments :

Virtual visit completed. Pt's identity confirmed with name, DOB, and address. Pt is a pleasant 69 year old female that lives alone. Pt states her daughter is her paid CG and is at her house daily to assist her as needed. Pt instructed to keep immunizations up to date. Patient educated on importance of keeping colonoscopy up to date. Pt states her falls are related to her knees. She states they hurt and get weak and this causes her to fall. Pt instructed to follow up with PCP and to use her walker at all times when ambulating to prevent falls. Pt verbalized understanding with all instructions. Pt states she does not take opioids for pain and denies opioid dependence