



c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

LANFORD, RANDOLPH E
4064 JAMES MADISON HWY
FORK UNION, VA, 23055-0001

Dear Dr. LANFORD, RANDOLPH E

Through our partnership with Focus Care, your patient, covered through Virginia Premier Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

CLIFFORD C SWANSON
1979-11-14
11010695

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

Thomas Lundquist, M.D.
Chief Medical Officer
Virginia Premier Health

Patient Assessment Summary

Name : CLIFFORD C SWANSON
Date of Birth : 1979-11-14
Evaluator Name : Windy
Gender : Male
Lob : DSNP
Email :

Age : 41
Member ID : 11010695
Date : 2021-06-26T09:00
Address : 2457 SHORES RD,PALMYRA,VA
Marital Status : Single
Phno : 4348422228,

Your Vital Signs

Blood Pressure	/[object Object] mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	0
Age	41	Patients Height	5 feet 8 inch	Patients Weight	213 lbs
BMI	32.4(Obesity (BMI 30 – 34.9))				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	No				
HBA1C	No				
MICROALBUMIN	No				
FOBT	Select				
DEXA	Select				
PAD	No				
Peak Flow Meter	Select				

Allergies

Answer: **yes**

Substance	Reaction
Sulfa	throat swells shut

Your Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
diabetes	LEVEMIR	INJ FLEXTUOC	SQ = Subcutaneous	QD	Dr Landford	Taking
gerd	OMEPRAZOLE	CAP 20MG DR	PO = By Mouth	QD	Dr Landford	Taking
diabetes	METFORMIN	TAB 500MG	PO = By Mouth	BID	Dr Landford	Taking
diabetes-to protect kidneys	LISINOPRIL	TAB 10MG	PO = By Mouth	QD	Dr Landford	Taking
vitamin d deficiency	VITMAN D	500o	PO = By Mouth	QD	Dr Landford	Taking

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diabetes	LANTUS	45 units	SQ = Subcutaneous	QD	Dr Landford	Taking
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Over the Counter Medications / Supplements

Answer: **yes**

Date	Description	Dose/Units	Route	Frequency
2021-06-25	Tylenol	325mg	PO = By Mouth	PRN

- Race

Answer: **Caucasian**

- Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

GERD, Supported By Medications

Diabetes, Supported By Lab tests, Medications

Type : **Type 1**

Most recent Hb A1C, value : **10**

And Date : **3months**

Met with a nurse or dietician for diabetic education : **Yes**

Met with a diabetic educator : **Yes**

Treatment includes : **Insulin**

Other, Supported By Medications

Other : **vitamin d deficiency**

History Of

Asthma, Supported By Other

Describe : **used to be on inhalers when younger**

Is patient on controller medications : **No**

Does patient use rescue medications : **No**

Does patient have current exacerbation : **No**

Hyperlipidemia, Supported By Medication

Is patient on Statin : **No**

Care management related to self - assessment and psychosocial behaviors

- Social service referral to further assess social support infrastructure

Do you have someone who can help if you are sick or have problems? : **Yes**

Comment :

- Counsel patient on the need for a Healthcare Proxy.

Do you have a Healthcare Proxy? : **No**

Comment :

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- Counsel patient on the need for a Durable Power of Attorney.

Do you have a Durable Power of Attorney? : **No**

Comment :

- Counsel patient on the need for an Advance Directive.

Do you have an Advance Directive? : **No**

Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : **No**

Refer patient for a physical therapy evaluation related to ADL's

B. Getting in or out of chairs : **No**

C. Toileting : **No**

D. Bathing : **No**

E. Dressing : **No**

F. Eating : **No**

G. Walking : **No**

H. Going up or down stairs : **No**

Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: None

Comment:

Are you currently seeing any specialists?

Answer: Yes

Medical Specialty	Specialist	For
Ophthalmologist	Dr Anthony	diabetic eye check ups

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Seen your PCP : **2**

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : **None**

C. Stayed in the hospital overnight : **None**

D. Been in a nursing home : **None**

E. Had Surgery : **None**

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- Have you ever been hospitalized prior to the last 12 months?

Answer: **No**

- In the past year how many times have you Fallen?

Answer: **None**

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: **No**

-Have you lost weight in the past 6 months?

Answer: **15lbs**

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	No
Breast Exam/Mammography	Not Applicable
Cervical Screening	Not Applicable
Bone Density	No
Prostate Exam/PSA	Don't Know
If Diabetic Eye Exam	Yes
If Diabetic Foot Exam	Yes
If Diabetic Hgb A1c screen	Yes
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: **Yes**

Family Member	Medical Condition	Cause of Death
Mother	cad dm	still living

- In the past year how many times have you Fallen?

Answer: **None**

Assessors Comments :

Identity confirmed with date of birth and name. Some areas left blank due to nature of virtual visit.
Discussed importance of flu vaccine , patient declines stating every time he gets it he gets sick.
Nash listed previously, patient denies any liver issues currently.
Patient does not report sleep apnea.