



c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

GOPAL, MEENAKSHI
812 Amherst St
Winchester, VA, 226013344

Dear Dr. GOPAL, MEENAKSHI

Through our partnership with Focus Care, your patient, covered through Virginia Premier Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

TOI D BRADLEY
1985-04-08
11018005

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

Thomas Lundquist, M.D.
Chief Medical Officer
Virginia Premier Health

Patient Assessment Summary

Name	: TOI D BRADLEY	Age	: 36
Date of Birth	: 1985-04-08	Member ID	: 11018005
Evaluator Name	: Jennifer B	Date	: 2021-06-09T13:58
Gender	: Female	Address	: 3109 Northwestern Pike,Winchester,VA
Lob	: DSNP	Marital Status	: Single
Email	:	Phno	: 5404315678,

Your Vital Signs

Blood Pressure		Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	7
Age	36	Patients Height	6 feet 1 inch	Patients Weight	280 lbs
BMI	36.9(Moderate Obesity (BMI 35 – 39.9))				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXA M	Select				
HBA1C	Select				
MICROALBUMIN	Select				
FOBT	Select				
DEXA	Select				
PAD	Select				
Peak Flow Meter	Select				

Allergies

Answer: **yes**

Substance	Reaction
PCN	anaphylaxis
Erythomycin	anaphylaxis

Your Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
bipolar	eivalproes	1000mg	PO = By Mouth	HS	Dr. Winfrey	Taking
neuro	trokendi	200mg	PO = By Mouth	HS	Dr. Stacey Konyair	Taking
HTN	metoprolol	50mg	PO = By Mouth	BID	Dr. Lisa Behneke	Taking
HTN	losartan	100-25mg	PO = By Mouth	QD	Dr. Dopal	Taking
bipolar/ depression	latuda	60mg	PO = By Mouth	BID	Dr. Winfrey	Taking
constipation	linzess	1 tab	PO = By Mouth	QD	Dr. Dopal	Taking

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birth control	medroxyprogesterone	150mg	M = Intramuscular	PRN	Dr. Dopal	Taking
leg swelling	lasix	40mg	PO = By Mouth	QD	Dr. Dopal	Taking
Tardive dyskinesia	benzotropine	1mg	PO = By Mouth	TID	Dr. Winfrey	Taking
depression	Duloxetine	60mg	PO = By Mouth	QD	Dr. Dopal	Taking
diabetes	glimepiride	4mg	PO = By Mouth	AC	Dr. Abdul Mustafa	Taking
migraines	Ajovy	200mg	SQ = Subcutaneous	PRN	Dr. Landria	Taking
GERD	Omeprazole	40mg	PO = By Mouth	QD	Dr. Dopal	Taking
migraines	nurtec	75mg	PO = By Mouth	PRN	Dr. Konyar	Taking

Over the Counter Medications / Supplements

Answer: **No**

- Race

Answer: **African American**

- Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

Nose Bleeds

COPD, Supported By XR results

Has patient been told they have Chronic Bronchitis : **Yes**

Has patient been told they have Emphysema : **No**

Is patient on Bronchodilator : **No**

Is patient on Steroids : **No**

Does patient have current exacerbation : **No**

Abnormal Cardiac Rhythm, Supported By ECG

Describe : **Tachycardia**

Hypertension, Supported By Medications

Adequately controlled : **Yes**

GERD, Supported By Heartburn / Dyspepsia, Regurgitation, Medications

Other, Supported By Symptoms

Other : **constipation**

Bipolar Disorder, Supported By History of mood swings, Medication

Depression, Supported By Use of antidepressant medication

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Major : **Yes**

Supported by : **Chronic use of antidepressant medication beyond 6 months**

Migraine Headaches, Supported By Medications

Seizure Disorder, Supported By Medications

Other, Supported By Image studies

Other : **Benign Pseudotumor**

Other, Supported By Medications

Other : **BC medroxyprogesterone**

Degenerative Disc Disease, Supported By Image studies

Normal bladder and bowel function : **Yes**

Site of disease : **Lumbar**

Other, Supported By Physical Findings

Other : **bilateral arm weakness**

Diabetes, Supported By Medications

Type : **Type 2**

Most recent Hb A1C, value : **unknown**

And Date : **unknown**

Met with a nurse or dietician for diabetic education : **Yes**

Met with a diabetic educator : **No**

Hypertension and Diabetes, Supported By Medications, Test results

Is patient on Ace or ARB : **Yes**

Cancer, Supported By Imaging studies

Type : **Brain**

Specific type/s : **[object Object]**

Stage or Classification specific to the cancer : **[object Object]**

Active treatment : **No**

History / Finding of Metastasis : **No**

Do you see a specialist? : **Yes**

Provider : **[object Object]**

History Of

Pneumonia, Supported By Hospitalization

Etiology : **Viral**

History / finding of Lung abscess : **No**

History / finding of Empyema : **No**

Care management related to self - assessment and psychosocial behaviors

- Social service referral to further assess social support infrastructure

Do you have someone who can help if you are sick or have problems? : **Yes**

Comment :

Care management related to patient's activity levels

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- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : **No**

Refer patient for a physical therapy evaluation related to ADL's

B. Getting in or out of chairs : **No**

C. Toileting : **No**

D. Bathing : **No**

E. Dressing : **No**

F. Eating : **No**

G. Walking : **No**

H. Going up or down stairs : **No**

Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: None

Comment:

Are you currently seeing any specialists?

Answer: Yes

Medical Specialty	Specialist	For
Neurologist		migraines, benign brain tumor

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Seen your PCP : **None**

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : **1**

If one or more, describe

Elevated blood sugar

C. Stayed in the hospital overnight : **1**

If one or more, describe

elevated blood sugar

D. Been in a nursing home : **None**

E. Had Surgery : **None**

- Have you ever been hospitalized prior to the last 12 months?

Answer: Yes

Describe

Answer: **elevated blood sugar**

- In the past year how many times have you Fallen?

Answer: **Twice**

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Do you worry about falling or feeling unsteady when standing or walking

Answer: **No**

Worries about falling or feeling unsteady when standing or walking?

Answer: **No**

Did you have a fracture in past 6 months?

Answer: **No**

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: **No**

-Have you lost weight in the past 6 months?

Answer: **None**

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	Yes
Breast Exam/Mammography	Yes
Cervical Screening	No
Bone Density	No
Prostate Exam/PSA	Not Applicable
If Diabetic Eye Exam	No
If Diabetic Foot Exam	Yes
If Diabetic Hgb A1c screen	Yes
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: **Yes**

Family Member	Medical Condition	Cause of Death
Mother	COPD, dvt	
Father	htn, enlarged heart, dvt	

- In the past year how many times have you Fallen?

Answer: **Twice**

Do you worry about falling or feeling unsteady when standing or walking

Answer: **No**

Worries about falling or feeling unsteady when standing or walking?

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Answer: **No**

Did you have a fracture in past 6 months?

Answer: **No**

Assessors Comments :

Patient agreed to virtual visit. Patient identified by name, dob, and address. Areas of the assessment and cranial not completed due to virtual visit. Patient educated on importance of preventative screening and maintenance. Cranial nerves assessment limited due to virtual visit.