

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. MARSHALL, SHERI TAMARA
816 Independence Blvd Ste 100
Virginia Beach, VA, 234556010

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c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

MARSHALL, SHERI TAMARA
816 Independence Blvd Ste 100
Virginia Beach, VA, 234556010

Dear Dr. MARSHALL, SHERI TAMARA

Through our partnership with Focus Care, your patient, covered through Virginia Premier Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

RAELENE TOUPIN
1977-03-11
11018250

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

Thomas Lundquist, M.D.
Chief Medical Officer
Virginia Premier Health

Patient Assessment Summary

Name : RAELENE TOUPIN
Date of Birth : 1977-03-11
Evaluator Name : undefined
Gender : Female
Lob : DSNP
Email :

Age : 44
Member ID : 11018250
Date : undefined
Address : 612 BISHOP DRIVE,VIRGINIA BEACH,VA
Marital Status : Single
Phno : 757-435-1349,7574995589

Your Vital Signs

Blood Pressure	/[object Object] mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	0
Age	44	Patients Height	5 feet 6 inch	Patients Weight	132 lbs
BMI	21.3(Obesity (BMI 30 – 34.9))				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	Select				
HBA1C	Select				
MICROALBUMIN	Select				
FOBT	Select				
DEXA	Select				
PAD	Select				
Peak Flow Meter	Select				

Allergies

Answer: **yes**

Substance	Reaction
tegretol	blisters
dapsone	ANA

Your Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
Seizures	divalproex	1000MG	PO = By Mouth	QAM	NEUROLOGIST	Taking
Agression	Buspirone	10mg	PO = By Mouth	QAM	PCP	Taking
Hypothyroidism	Levoxyl	50mcg	PO = By Mouth	QD	PCP	Taking
Depression	zoloft	100mg	PO = By Mouth	QD	PCP	Taking
Seizures	vimpat	150mg	PO = By Mouth	BID	NEUROLOGIST	Taking
Seizures	Keppra	1000mg	PO = By Mouth	BID	NEUROLOGIST	Taking
Seizures	divalproex	250mg	PO = By Mouth	QPM	NEUROLOGIST	Taking

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Seizures	Diastat	10mg	R = Rectal	PRN	NEUROL OGIST	Taking
Vitamin D def	vitamin d	250 kiu	PO = By Mouth	PRN	PCP	Taking
hypothyroidism	Levoxyl	50mcg	PO = By Mouth	QD	pcp	Taking

Over the Counter Medications / Supplements

Answer: **yes**

Date	Description	Dose/Units	Route	Frequency
2021-07-20	Miralax	17grams	PO = By Mouth	QD

- Race

Answer: **Caucasian**

- Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

Colon Polyps, Supported By History, Physical Findings, Biopsy

Describe : **Benign**

Depression, Supported By Use of antidepressant medication

Major : **Yes**

Supported by : **Chronic use of antidepressant medication beyond 6 months**

Zoloft

Intellectual and or Developmental Disability, Supported By History, Symptoms, Medications

Describe : **Other**

Describe : **undefined**

Seizure Disorder, Supported By History of recurrent seizures, Medications

Other, Supported By Symptoms, Medications

Other : **Pt is physically aggressive towards her mother. Pt takes Buspar which has calmed the aggression**

Hypothyroidism, Supported By Treatment for hypothyroidism

Vitamin D Deficiency, Supported By Labs, Medications

History Of

Asthma, Supported By Wheezing

Is patient on controller medications : **No**

Does patient use rescue medications : **No**

Does patient have current exacerbation : **No**

Traumatic Brain Injury, Supported By Hospitalization, Image studies

Care management related to self - assessment and psychosocial behaviors

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- Based on score of initial screen, cognitive function is questionable, refer to Neurology for further assessment.

Mini cog : 0

Comment :

- Further assessment and questioning should be done to determine if patient's literacy level is adequate, limited or poor to determine the best method to communicate instructions and information to the patient.

When you get written information at a doctor's office would you say it is? : **Very difficult**

Comment :

When you read the instructions on a prescription bottle would you say that it is? : **Very difficult**

Comment :

How confident are you in filling out medical forms by yourself? : **Not at All Confident**

Comment :

- Social service referral to further assess social support infrastructure.

During past 3 months has physical or emotional health limited social activities with family, friends, neighbors or groups? : **Often**

Comment :

- Social service referral to further assess social support infrastructure

Do you have someone who can help if you are sick or have problems? : **Yes**

Comment :

- Counsel patient on the need for a Healthcare Proxy.

Do you have a Healthcare Proxy? : **No**

Comment :

- Counsel patient on the need for a Durable Power of Attorney.

Do you have a Durable Power of Attorney? : **No**

Comment :

- Counsel patient on the need for an Advance Directive.

Do you have an Advance Directive? : **No**

Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADLs.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : **No**

Refer patient for a physical therapy evaluation related to ADL's

B. Getting in or out of chairs : **No**

C. Toileting : **No**

D. Bathing : **Need Some Help**

E. Dressing : **Need Some Help**

F. Eating : **No**

G. Walking : **No**

H. Going up or down stairs : **No**

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Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: None

Comment:

Are you currently seeing any specialists?

Answer: Yes

Medical Specialty	Specialist	For
Neurologist	Dr. Betenjani	Seizure disorder
Gastroenterologist	Dr. Hussein Hussein	COLON POLYPS

If no activities are checked as need some help or total help

Refer patient for a physical therapy evaluation : 3

A. Seen your PCP

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : None

C. Stayed in the hospital overnight : None

D. Been in a nursing home : None

E. Had Surgery : None

- Have you ever been hospitalized prior to the last 12 months?

Answer: No

- In the past year how many times have you Fallen?

Answer: None

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

-Have you lost weight in the past 6 months?

Answer: None

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	Yes
Breast Exam/Mammography	Yes
Cervical Screening	Not Applicable
Bone Density	Not Applicable
Prostate Exam/PSA	Not Applicable
If Diabetic Eye Exam	Not Applicable
If Diabetic Foot Exam	Not Applicable

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If Diabetic Hgb A1c screen	Not Applicable
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: Yes

Family Member	Medical Condition	Cause of Death
Father	DM	
Mother	COPD	

- In the past year how many times have you Fallen?

Answer: None

Assessors Comments :

Virtual visit completed. Pt's identity confirmed with name, dob, address, and parents. Pt is a 44 year old female that lives at home with her parents. Pt has a history of a TBI with possible anoxic brain injury due to a trauma at three years old. Pt is non-verbal but communicates with single word responses. Pt agitated during exam and refused to comply with most requests. Difficult to assess mentation but mother supplied all answers. Mother states pt has no difficulty with memory and remembers everything she is told. Mother states pt works two afternoons a week and they travel frequently to keep pt active. Mother states pt has a very active social life going out with her friends and family to concerts and amusement parks. Patient has good family support. Patient has not had a cervical cancer screening as pt has had a hysterectomy and mother does not feel pt needs a cervical screening anymore