

HRA Form

Health Plan :	Virginia Premier Healthcare Advantage
Member Name :	HELEN D JONES
Evaluator Name :	test clinicianFE, FNP
Assessment Type :	Health Risk Assessment
DOB :	1939-08-04
Evaluation Date :	2022-9-27 02:38 PM
Visit Type :	Virtual: Video & Audio Capability

Demographics

Plan	VPHP
Program	MEDICARE
LOB	DSNP
Name	HELEN D JONES
Gender	Female
Address	1021 GERMAN SCHOOL RD
City	RICHMOND
State	VA
Zip	23225-9998
Date of Birth	1939-08-04
Age(as of date)	83
Marital Status	
Member Identification Number	11000459
HICN	
Phone Number	8047719659
Cell Number	
Alternate Contact Number	
Email	
Emergency Contact	
Phone Number	
Primary Care Physician	ADDIS, DANIEL M
Phone Number	
PCP Address	219 Parker Rd
PCP City	Danville
PCP State	VA

PCP Zip	245404034
PCP County	
Office ID	
Office Name	PIEDMONT FAMILY AND OCCUPATIONAL MEDICINE

1. Race

- | | | |
|---|---|--|
| <input type="checkbox"/> Caucasian | <input checked="" type="checkbox"/> African American | <input type="checkbox"/> Asian |
| <input type="checkbox"/> Latino | <input type="checkbox"/> Native American | <input type="checkbox"/> Native Hawaiian or other Pacific Islander |
| <input type="checkbox"/> Alaskan Native | <input type="checkbox"/> Other | |

Patient's Ethnicity

- | | | |
|--|---------------------------------------|--|
| <input type="checkbox"/> Hispanic | <input type="checkbox"/> Non-Hispanic | <input type="checkbox"/> Other Ethnicity |
| <input type="checkbox"/> Prefer not to say | | |

Preferred language

- | | |
|----------------------------------|--------------------------------|
| <input type="checkbox"/> English | <input type="checkbox"/> Other |
|----------------------------------|--------------------------------|

comments

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Previously Documented Conditions

Covid Screening

In the last 14 days, have you:

Traveled internationally?	Yes	No
Comment: 11000459&*)_dsg 11001351#\$%^&fs		
Had known exposure to anyone diagnosed with Corona virus (COVID-19)	Yes	No
Comment: 11000459&*)_dsg 11001351#\$%^&fs		
Had close contact with someone who has traveled to a high risk area?	Yes	No
Comment: 11000459&*)_dsg 11001351#\$%^&fs		
Developed Fever?	Yes	No
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Developed Cough?	Yes	No
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Developed Flu like symptoms?	Yes	No
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Developed Shortness of breath?	Yes	No
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Self-Assessment and Social History

How much school have you completed?

- ☐ Completed less than 3rd grade
 ☐ Completed less than 8th grade
 ☐ Completed less than 12th grade
 ☐ Completed 12th grade, or attended College

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When you get written information at a doctor's office would you say it is

- ☐ Very difficult
 ☐ Somewhat difficult
 ☐ Easy
 ☐ Very easy to understand

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When you read the instructions on a prescription bottle would you say that it is

- ☐ Very difficult
 ☐ Somewhat difficult
 ☐ Easy
 ☐ Very easy to understand

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How confident are you in filling out medical forms by yourself?

- ☐ Not at All Confident
 ☐ Not Very Confident
 ☐ Confident
 ☐ Very Confident

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How would you rate your health compared to other persons your age?

- ☐ Excellent
 ☐ Good
 ☐ Fair
 ☐ Poor

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During past 3 months, has your physical and or emotional health limited your social activities with family, friends, neighbours or groups?

- ☐ Often
- ☐ Sometimes
- ☐ Almost Never
- ☐ Never

comments

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Where do you currently live?

- ☐ Home
- ☐ Apartment
- ☐ Assisted Living
- ☐ Nursing Home
- ☐ Homeless
- ☐ Other

comments

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Do you have someone you can rely on to help if you are sick or have problems you need to discuss?

- ☒ Yes
- ☐ No

comments

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Who do you currently live with?

- ☐ Alone
- ☐ Spouse
- ☐ Partner
- ☐ Relative
- ☐ Family
- ☐ Friend
- ☒ Personal Care Worker

comments


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Are you currently a caregiver for someone?

- ☒ Yes
- ☐ No

comments

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 Describe

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Are you currently employed?

- ☒ Yes
- ☐ No

comments

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Are you interested in employment?

- ☒ Yes
- ☐ No

comments

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Do you volunteer currently?

- ☒ Yes
- ☐ No

comments

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Tobacco use

☒ Current

☐ Former

☐ Never

comments

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Type

☐ Cigarettes

☐ Cigars

☐ Chewing Tobacco

☐ Vaping

☐ Other

comments

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☒ Discussed smoking cessation options, member verbalized understanding

comments

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Alcohol Use

☐ Current

☐ Former

☐ Never

Do you or have you used recreational drugs?

☐ Yes

☐ No

comments

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Do you have a Healthcare Proxy?

☒ Yes

☐ No

☐ Don't Know

comments

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Name

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Relationship

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Do you have a Durable Power of Attorney?

☒ Yes

☐ No

☐ Don't Know

comments

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Name

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11001351#\$\$^&fs

Relationship

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Do you have an Advance Directive?

☐ Yes

☒ No

☐ Don't Know

comments

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☒ Member educated on advance care planning

comments

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☒ Declines discussion at this time

comments

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Within the past 12 months we worried whether our food would run out before we got money to buy more. Was that _____ for your household?

☒ Often True

☐ Sometimes True

☐ Never True

comments

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Within the past 12 months the food we bought just didn't last and we didn't have money to get more. Was that _____ for your household?

☐ Often True

☐ Sometimes True

☒ Never True

comments

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Recommendations

☒ Smoking/Tobacco

comments

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☒ Substance Abuse

comments

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☐ Durable Power of attorney

comments

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☐ Healthcare Proxy

comments

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☒ Advanced Directive

comments

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☐ Food Disparity

comments

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☐ Literacy

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☐ Social support evaluation

comments 11000459&*())_dsg
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Activities of Daily Living

Do you have any difficulty with the following activities?

A. Getting in or out of bed	No	Need Some Help	Need Total Help
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Comment: 01/2022 (Friday) Pongal-Sankranti 1
2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1
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9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

B. Getting in or out of chairs	No	Need Some Help	Need Total Help
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C. Toileting	No	Need Some Help	Need Total Help
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D. Bathing	No	Need Some Help	Need Total Help
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E. Dressing	No	Need Some Help	Need Total Help
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F. Eating	No	Need Some Help	Need Total Help
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G. Walking	No	Need Some Help	Need Total Help
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How far can you walk

- ☐ Household only
 ☐ Less than one block
 ☐ One block
 ☐ Two or more blocks
 ☒ Non-ambulatory

H. Going up or down stairs	No	Need Some Help	Need Total Help
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How many stairs can you climb

- ☐ None
 ☐ Three to five
 ☒ Six to ten
 ☐ More than ten

Medical History

Do you use any assistive devices or DME?

☐ None

comments

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- | | | |
|---|--------------------------------------|--|
| <input checked="" type="checkbox"/> Cane | <input type="checkbox"/> Walker | <input type="checkbox"/> Prosthesis |
| <input type="checkbox"/> Oxygen | <input type="checkbox"/> Wheel Chair | <input type="checkbox"/> Bedside Commode |
| <input type="checkbox"/> Urinal | <input type="checkbox"/> Bed Pan | <input type="checkbox"/> CPAP |
| <input checked="" type="checkbox"/> Other | | |

comments

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Describe

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Are you currently seeing any specialists?

☒ Yes

☐ No

Medical Specialty	Specialist	For
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In the past 12 months how many times have you?

A. Seen your PCP	None	1	2	3	4	5 or more
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Comment:

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B. Visited the Emergency Room	None	1	2	3	4	5 or more
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If one or more, describe

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C. Stayed in the hospital overnight	None	1	2	3	4	5 or more
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D. Been in a nursing home	None	1	2	3	4	5 or more
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If one or more, describe

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8	05/10/2022 (Wednesday)	05/10/2022 (Wednesday)	Vijaya Dashami Dussehra	1
9	24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali	1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)		

E. Had Surgery	None	1	2	3	4	5 or more
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Have you ever been hospitalized prior to the last 12 months?

☒ Yes ☐ No

Describe

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In the past year have you received health services from any of the providers below:

Physical Therapist	Yes	No
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Occupational Therapist	Yes	No
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5	19/08/2022 (Friday)	19/08/2022 (Friday)	Krishna Janmashtami	1
6	31/08/2022 (Wednesday)	31/08/2022 (Wednesday)	Ganesha Chaturthi	1
7	04/10/2022 (Tuesday)	04/10/2022 (Tuesday)	Ayudha Pooja	1
8	05/10/2022 (Wednesday)	05/10/2022 (Wednesday)	Vijaya Dashami Dussehra	1
9	24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali	1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)		

Dietician	Yes	No
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Comment:	01/2022 (Friday)	Pongal-Sankranti	1
2	26/01/2022 (Wednesday)	26/01/2022 (Wednesday)	Republic Day 1
3	15/04/2022 (Friday)	15/04/2022 (Friday)	Good Friday 1
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9	24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali 1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

Social Worker	Yes	No
Pharmacist	Yes	No
Speech Therapist	Yes	No
Chiropractor	Yes	No
Personal Care Worker (HHA, CNA, PCA)	Yes	No

Comment:	01/2022 (Friday)	Pongal-Sankranti	1
2	26/01/2022 (Wednesday)	26/01/2022 (Wednesday)	Republic Day 1
3	15/04/2022 (Friday)	15/04/2022 (Friday)	Good Friday 1
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8	05/10/2022 (Wednesday)	05/10/2022 (Wednesday)	Vijaya Dashami Dussehra 1
9	24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali 1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

Meals on Wheels	Yes	No
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Comment:	01/2022 (Friday)	Pongal-Sankranti	1
2	26/01/2022 (Wednesday)	26/01/2022 (Wednesday)	Republic Day 1
3	15/04/2022 (Friday)	15/04/2022 (Friday)	Good Friday 1
4	15/08/2022 (Monday)	15/08/2022 (Monday)	Independence Day 1
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9	24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali 1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

Adult Day Care	Yes	No
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Comment:	01/2022 (Friday)	Pongal-Sankranti	1
2	26/01/2022 (Wednesday)	26/01/2022 (Wednesday)	Republic Day 1
3	15/04/2022 (Friday)	15/04/2022 (Friday)	Good Friday 1
4	15/08/2022 (Monday)	15/08/2022 (Monday)	Independence Day 1
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9	24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali 1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

In the past year have you received any of the treatments below?

Chemotherapy	Yes	No	Unknown
<div>Comment:</div> <div>01/2022 (Friday) Pongal-Sankranti 1 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1 3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1 4 15/08/2022 (Monday) 15/08/2022 (Monday) Independence Day 1 5 19/08/2022 (Friday) 19/08/2022 (Friday) Krishna Janmashtami 1 6 31/08/2022 (Wednesday) 31/08/2022 (Wednesday) Ganesha Chaturthi 1 7 04/10/2022 (Tuesday) 04/10/2022 (Tuesday) Ayudha Pooja 1 8 05/10/2022 (Wednesday) 05/10/2022 (Wednesday) Vijaya Dashami Dussehra 1 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)</div>			
Catheter Care	Yes	No	Unknown
<div>Comment:</div> <div>01/2022 (Friday) Pongal-Sankranti 1 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1 3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1 4 15/08/2022 (Monday) 15/08/2022 (Monday) Independence Day 1 5 19/08/2022 (Friday) 19/08/2022 (Friday) Krishna Janmashtami 1 6 31/08/2022 (Wednesday) 31/08/2022 (Wednesday) Ganesha Chaturthi 1 7 04/10/2022 (Tuesday) 04/10/2022 (Tuesday) Ayudha Pooja 1 8 05/10/2022 (Wednesday) 05/10/2022 (Wednesday) Vijaya Dashami Dussehra 1 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)</div>			
Oxygen	Yes	No	Unknown
<div>Comment:</div> <div>01/2022 (Friday) Pongal-Sankranti 1 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1 3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1 4 15/08/2022 (Monday) 15/08/2022 (Monday) Independence Day 1 5 19/08/2022 (Friday) 19/08/2022 (Friday) Krishna Janmashtami 1 6 31/08/2022 (Wednesday) 31/08/2022 (Wednesday) Ganesha Chaturthi 1 7 04/10/2022 (Tuesday) 04/10/2022 (Tuesday) Ayudha Pooja 1 8 05/10/2022 (Wednesday) 05/10/2022 (Wednesday) Vijaya Dashami Dussehra 1 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)</div>			
Wound Care	Yes	No	Unknown
<div>Comment:</div> <div>01/2022 (Friday) Pongal-Sankranti 1 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1 3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1 4 15/08/2022 (Monday) 15/08/2022 (Monday) Independence Day 1 5 19/08/2022 (Friday) 19/08/2022 (Friday) Krishna Janmashtami 1 6 31/08/2022 (Wednesday) 31/08/2022 (Wednesday) Ganesha Chaturthi 1 7 04/10/2022 (Tuesday) 04/10/2022 (Tuesday) Ayudha Pooja 1 8 05/10/2022 (Wednesday) 05/10/2022 (Wednesday) Vijaya Dashami Dussehra 1 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)</div>			
Regular Injections	Yes	No	Unknown
<div>Comment:</div> <div>01/2022 (Friday) Pongal-Sankranti 1 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1 3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1 4 15/08/2022 (Monday) 15/08/2022 (Monday) Independence Day 1 5 19/08/2022 (Friday) 19/08/2022 (Friday) Krishna Janmashtami 1 6 31/08/2022 (Wednesday) 31/08/2022 (Wednesday) Ganesha Chaturthi 1 7 04/10/2022 (Tuesday) 04/10/2022 (Tuesday) Ayudha Pooja 1 8 05/10/2022 (Wednesday) 05/10/2022 (Wednesday) Vijaya Dashami Dussehra 1 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)</div>			

Tube Feedings	Yes	No	Unknown
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Comment: 01/2022 (Friday) Pongal-Sankranti 1
 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
 3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1
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 8 05/10/2022 (Wednesday) 05/10/2022 (Wednesday) Vijaya Dashami Dussehra 1
 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Family History

Family History

☐ Yes ☐ No

Preventive Care

In the past three years have you had?

Screen	Answer	Date	Method	Recommendation	Education Completed
Breast Cancer Screening				<input type="checkbox"/>	<input type="checkbox"/>
Colorectal Screening				<input type="checkbox"/>	<input type="checkbox"/>
Influenza Vaccine			N/A	<input type="checkbox"/>	<input type="checkbox"/>
COVID-19 Vaccine			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Pneumococcal Vaccine			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Herpes Zoster Vaccine			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes Screening			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Diabetic Foot Exam			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Cholesterol Screening			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Glaucoma Screening			N/A	<input type="checkbox"/>	<input type="checkbox"/>
STIs/HIV Screening			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Cervical Cancer Screening			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Osteoporosis Screening				<input type="checkbox"/>	<input type="checkbox"/>
Prostate Screening			N/A	<input type="checkbox"/>	<input type="checkbox"/>
Fall Risk Screening			N/A	<input type="checkbox"/>	<input type="checkbox"/>

One time screen for Abdominal Aortic Aneurysm if male with history of smoking, age 65

- 75

☐ Yes ☐ No ☐ NA

One time screen for Hepatitis C if born between 1945 - 1965

☐ Yes ☐ No ☐ NA

Recommendations

- ☐ Abdominal Aneurysm Screening
- ☐ Hepatitis C Screening

Allergies / Medications

35. Allergies

☐ Yes ☐ No

Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
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36. Over the Counter Medications / Supplements

☐ Yes ☐ No

Long Term Use of:

- ☐ None
- ☐ ASA
- ☐ Anticoagulants
- ☐ Steroids
- ☐ Statins
- ☐ Insulin
- ☐ Biphosphonate

Medication Compliance and Knowledge of Use and Disease

1. Do you ever forget to take your medicine?	Yes	No
2. Do you sometimes not pay enough attention to your medication?	Yes	No
3. Do you know the longterm benefit of taking your medicine as told to you by the doctor or pharmacist?	Yes	No
4. When you feel better do you sometimes stop taking your medicine?	Yes	No
5. Sometimes if you feel worse when you take your medicine do you stop taking it?	Yes	No
6. Do you sometimes forget to refill your prescription on time?	Yes	No

Recommendations

- ☐ Discuss options with your Doctor and/or pharmacist to improve medication adherence
- ☐ Discuss medication side effects with your Doctor
- ☐ Other
- ☐ Educated on importance of medication compliance, member verbalizes

understanding

Review of Systems and Diagnoses

Eye Problems (Glaucoma, Cataracts, Macular Degeneration, Blindness, Retinal Detachment, Other)

☒ Yes ☐ No

Diagnoses

- ☐ Cataracts
- ☐ Hyperopia
- ☐ Macular Degeneration
- ☐ Retinal Disease
- ☐ Glaucoma
- ☐ Legally Blind
- ☐ Myopia
- ☒ Others

comments

01/2022 (Friday) Pongal-Sankranti 1
2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Others

Which Eye

☐ Right Eye ☐ Left Eye ☐ Both

comments

01/2022 (Friday) Pongal-Sankranti 1
2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1
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9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Describe

☐ Active ☐ History of ☐ Rule out

comments

01/2022 (Friday) Pongal-Sankranti 1
2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1
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10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Supported by

- ☐ History
- ☐ Medications
- ☐ Biopsy
- ☐ Symptoms
- ☐ Test results
- ☐ DME
- ☐ Physical Findings
- ☐ Image studies
- ☐ Other

comments

01/2022 (Friday) Pongal-Sankranti 1
2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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Other

comments

01/2022 (Friday) Pongal-Sankranti 1
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 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Ear Problems (Hard of hearing, Deaf, Vertigo, Ear Infections)

☒ Yes

☐ No

Diagnoses

☐ Difficulty with Hearing

☐ Legally Deaf

☐ Tinnitus

☐ Vertigo

☒ Other

comments

01/2022 (Friday) Pongal-Sankranti 1
 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Other

Describe

☐ Active

☐ History of

☐ Rule out

comments

01/2022 (Friday) Pongal-Sankranti 1
 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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Supported by

☐ History

☐ Symptoms

☐ Physical Findings

☐ Medications

☐ Test results

☐ Image studies

☐ Biopsy

☐ DME

☐ Other

comments

01/2022 (Friday) Pongal-Sankranti 1
 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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9	24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali	1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)		

Other

comments

01/2022 (Friday)	Pongal-Sankranti	1
2 26/01/2022 (Wednesday)	26/01/2022 (Wednesday)	Republic Day 1
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10 01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

Nose Problems (Nose Bleeds, Sinus infections, Other)

☐ Yes ☐ No

comments

01/2022 (Friday)	Pongal-Sankranti	1
2 26/01/2022 (Wednesday)	26/01/2022 (Wednesday)	Republic Day 1
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9 24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali 1
10 01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

Mouth and Throat Problems (Difficulty Chewing, Difficulty Swallowing, Bleeding Gums, Other)

☐ Yes ☐ No

comments

01/2022 (Friday)	Pongal-Sankranti	1
2 26/01/2022 (Wednesday)	26/01/2022 (Wednesday)	Republic Day 1
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8 05/10/2022 (Wednesday)	05/10/2022 (Wednesday)	Vijaya Dashami Dussehra
1		
9 24/10/2022 (Monday)	24/10/2022 (Monday)	Diwali 1
10 01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

Neck Problems (parotid Disease, Carotid Stenosis, Other)

☐ Yes ☐ No

comments

01/2022 (Friday)	Pongal-Sankranti	1	
2	26/01/2022 (Wednesday)	26/01/2022 (Wednesday) Republic Day	1
3	15/04/2022 (Friday)	15/04/2022 (Friday) Good Friday	1
4	15/08/2022 (Monday)	15/08/2022 (Monday) Independence Day	1
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8	05/10/2022 (Wednesday)	05/10/2022 (Wednesday) Vijaya Dashami Dussehra	1
9	24/10/2022 (Monday)	24/10/2022 (Monday) Diwali	1
10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)	

Recommendations

Hearing evaluation

comments	01/2022 (Friday) Pongal-Sankranti 1
	2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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	9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
	10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Dental exam

comments	01/2022 (Friday) Pongal-Sankranti 1
	2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
	3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1
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	9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
	10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Eye exam

comments	01/2022 (Friday) Pongal-Sankranti 1
	2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
	3 15/04/2022 (Friday) 15/04/2022 (Friday) Good Friday 1
	4 15/08/2022 (Monday) 15/08/2022 (Monday) Independence Day 1
	5 19/08/2022 (Friday) 19/08/2022 (Friday) Krishna Janmashtami 1
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	7 04/10/2022 (Tuesday) 04/10/2022 (Tuesday) Ayudha Pooja 1
	8 05/10/2022 (Wednesday) 05/10/2022 (Wednesday) Vijaya Dashami Dussehra 1
	9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
	10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Swallowing evaluation

comments	01/2022 (Friday) Pongal-Sankranti 1
	2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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	9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
	10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Take medications as prescribed

comments	01/2022 (Friday) Pongal-Sankranti 1
	2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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	9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
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Other

comments

- 01/2022 (Friday) Pongal-Sankranti 1
- 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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- 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Respiratory Problems (COPD, Emphysema, Asthma, Chronic Bronchitis Pneumonia, Other)

☐ Yes

☐ No

comments

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- 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
- 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Recommendations

☐ Take medications as prescribed

comments

- 01/2022 (Friday) Pongal-Sankranti 1
- 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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- 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
- 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

☐ Other

comments

- 01/2022 (Friday) Pongal-Sankranti 1
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- 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Cardiovascular (Hypertension, Angina, Ischemic Heart Disease(CAD), Myocardial Infarction, Other)

☐ Yes

☐ No

comments

- 01/2022 (Friday) Pongal-Sankranti 1
- 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)		

Recommendations

☐ Blood Pressure checks

comments

01/2022 (Friday)	Pongal-Sankranti	1
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10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)

- ☐ Heart Healthy Diet
- ☐ Exercise 30 min a day
- ☐ Take medications as prescribed
- ☐ Other

Gastrointestinal Problems (Ulcer, Reflux, Hiatal Hernia, Colitis, Other)

- ☐ Yes
- ☐ No

comments

01/2022 (Friday)	Pongal-Sankranti	1
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Recommendations

☐ Take medications as prescribed

comments

01/2022 (Friday)	Pongal-Sankranti	1
2	26/01/2022 (Wednesday)	26/01/2022 (Wednesday) Republic Day 1
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10	01/11/2022 (Tuesday)	01/11/2022 (Tuesday)

☐ Other

Bowel Movements

- ☐ Normal
- ☒ Abnormal

comments

01/2022 (Friday)	Pongal-Sankranti	1
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 9 24/10/2022 (Monday) 24/10/2022 (Monday) Diwali 1
 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

If abnormal

☐ Constipation

☐ Diarrhea

☒ Bowel Incontinence

comments

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Abdominal Openings

☒ Yes

☐ No

comments

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 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Describe

☐ Ileostomy

☐ Colostomy

☐ Urostomy

☐ PEG

☐ Cystostomy

comments

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Rectal Problems

☒ Yes

☐ No

comments

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 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

If yes, female

☐ Hemorrhoids

☐ Fissure

☐ Mass

comments

01/2022 (Friday) Pongal-Sankranti 1
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 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

If yes, male

☐ Hemorrhoids

☐ Fissure

☐ Mass

☐ BPH

☐ Prostate mass

comments

01/2022 (Friday) Pongal-Sankranti 1
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Last Bowel Movement

☐ Today

☒ 1-3 days ago

☐ >3 days ago

comments

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 10 01/11/2022 (Tuesday) 01/11/2022 (Tuesday)

Neuro / Psych Problems (Stroke, Parkinson's disease, Seizures Paraplegia, Depression, Other)

☐ Yes

☐ No

comments

01/2022 (Friday) Pongal-Sankranti 1
 2 26/01/2022 (Wednesday) 26/01/2022 (Wednesday) Republic Day 1
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Are you nervous, anxious, feel on the edge or often feel stressed?

☐ Yes

☒ No

comments

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- 5

19/08/2022 (Friday)

19/08/2022 (Friday)

Krishna Janmashtami

1
- 6

31/08/2022 (Wednesday)

31/08/2022 (Wednesday)

Ganesha Chaturthi

1
- 7

04/10/2022 (Tuesday)

04/10/2022 (Tuesday)

Ayudha Pooja

1
- 8

05/10/2022 (Wednesday)

05/10/2022 (Wednesday)

Vijaya Dashami Dussehra

1
- 9

24/10/2022 (Monday)

24/10/2022 (Monday)

Diwali

1
- 10

01/11/2022 (Tuesday)

01/11/2022 (Tuesday)

Do you worry too much about different things?

☐ Yes

☒ No

Do you feel afraid that something bad might happen?

☐ Yes

☒ No

How often do you go out to meet with family or friends

☐ Often

☐ Sometimes

☐ Never

comments

- 01/2022 (Friday)

Pongal-Sankranti

1
- 2

26/01/2022 (Wednesday)

26/01/2022 (Wednesday)

Republic Day

1
- 3

15/04/2022 (Friday)

15/04/2022 (Friday)

Good Friday

1
- 4

15/08/2022 (Monday)

15/08/2022 (Monday)

Independence Day

1
- 5

19/08/2022 (Friday)

19/08/2022 (Friday)

Krishna Janmashtami

1
- 6

31/08/2022 (Wednesday)

31/08/2022 (Wednesday)

Ganesha Chaturthi

1
- 7

04/10/2022 (Tuesday)

04/10/2022 (Tuesday)

Ayudha Pooja

1
- 8

05/10/2022 (Wednesday)

05/10/2022 (Wednesday)

Vijaya Dashami Dussehra

1
- 9

24/10/2022 (Monday)

24/10/2022 (Monday)

Diwali

1
- 10

01/11/2022 (Tuesday)

01/11/2022 (Tuesday)

GPCOG Score or MMSE Score

GPCOG Score	or MMSE Score
414	

If GPCOG or MMSE is not done, is

☒ Patient oriented to person

☐ Yes

☐ No

comments

11000459%[^]gdhj

☒ Patient oriented to place

☐ Yes

☐ No

comments

11000459%[^]gdhj

☒ Patient oriented to time

☐ Yes

☐ No

comments

11000459%[^]gdhj

☒ Recall

☐ Good

☐ Poor

comments

11000459%[^]gdhj

☒ Patient describes recent news event

☐ Yes

☐ Partially

☐ No

comments

11000459%[^]gdhj

Affect

☒ Normal

☐ Abnormal

comments11000459%[^]gdhj

Over the past 2 weeks, how often have you been bothered by any of the following problems?

Little interest or pleasure in doing things	Not at all	Several Days	More than half the days	Nearly every day
comments11000459% [^] gdhj				
Feeling down, depressed or hopeless	Not at all	Several Days	More than half the days	Nearly every day
comments11000459% [^] gdhj				

PHQ 2 Score

☐ < 3

☐ 3 or more

Speech

☐ Normal

☒ Slurred

☐ Aphasic

☐ Apraxia

comments11000459%[^]gdhj

Finger to Nose

☐ Normal

☒ Abnormal

comments11000459%[^]gdhj

If abnormal

☐ Left

☐ Right

☒ Both

comments11000459%[^]gdhj

Heel (Shin) to Toe

☐ Normal

☒ Abnormal

comments11000459%[^]gdhj

If abnormal

☐ Left

☐ Right

☐ Both

comments11000459%[^]gdhj

Thumb to Finger Tips

☐ Normal

☒ Abnormal

comments11000459%[^]gdhj

If abnormal

☐ Left

☐ Right

☐ Both

comments11000459%[^]gdhj

Sitting to Standing

☐ Normal
 ☐ Needs Assistance
 ☒ **Unable**

comments

11000459%^gdhj

Facial / Extremity Movement

- | | | |
|---|--|--|
| <input type="checkbox"/> Motor Tic | <input type="checkbox"/> Vocal Tic | <input type="checkbox"/> Benign (Essential Tremor) |
| <input type="checkbox"/> Intention Tremor | <input type="checkbox"/> Non-Intention (Pill rolling) Tremor | <input type="checkbox"/> Rigidity |
| <input type="checkbox"/> Spasticity | <input type="checkbox"/> Chorea Movement | <input type="checkbox"/> Cog wheeling |
| <input checked="" type="checkbox"/> Normal | | |

comments

11000459%^gdhj

Gait

- | | | |
|---|---|-------------------------------------|
| <input type="checkbox"/> Normal | <input type="checkbox"/> Limp | <input type="checkbox"/> Wide based |
| <input type="checkbox"/> Abductor lurch | <input type="checkbox"/> Paretic | <input type="checkbox"/> Shuffling |
| <input type="checkbox"/> Ataxic | <input type="checkbox"/> Other (Findings may also apply to Musculoskeletal diagnoses) | |

comments

11000459%^gdhj

Recommendations

- ☐ Take medications as prescribed

comments

11000459%^gdhj

- ☐ Other

comments

11000459%^gdhj

Genitourinary Problems (Overactive Bladder, Urinary Incontinence Stress Incontinence, Benign Prostatic Hypertrophy, Others)

- ☐ Yes
 ☐ No

comments

11000459%^gdhj

Recommendations

- ☐ Take medications as prescribed
☐ Other

Musculoskeletal Problems (Spinal Stenosis, Rheumatoid Arthritis, Gout, Osteoporosis, Others)

- ☐ Yes
 ☐ No

Recommendations

- ☐ Discuss PT/OT evaluation with PCP
☐ Take medications as prescribed
☐ Other

Integument Problems (Eczema, Psoriasis, Dermatitis, Urticaria, Other)

- ☐ Yes
 ☐ No

Recommendations

- ☐ Take medications as prescribed
- ☐ Other

Endocrine Problems

- ☐ Yes
- ☐ No

Recommendations

- ☐ Take medications as prescribed
- ☐ Check Blood sugar
- ☐ Other

Hematology / Immunology / Infection Disease Problems (Anemia, easy bruising or abnormal bleeding Thrombocytopenia , Other)

- ☐ Yes
- ☐ No

Recommendations

- ☐ Take medications as prescribed
- ☐ Report abnormal bruising or bleeding
- ☐ Follow up with doctor for lab work
- ☐ Other

Cancer

Diagnosis of Cancer	Yes	No
---------------------	-----	----

Describe

- ☐ Active
- ☐ History of
- ☐ Rule out

Supported by

- ☐ Physical findings
- ☐ Lab tests
- ☐ Biopsy
- ☐ Hospitalization
- ☐ Imaging studies
- ☐ Other
- ☐ Treatments
- ☐ Surgery

Type

- ☐ Brain
- ☐ Breast
- ☐ Stomach
- ☐ Colon
- ☐ Bladder
- ☐ Prostate
- ☐ Lymph Nodes
- ☐ Head
- ☐ Lung
- ☐ Liver
- ☐ Rectum
- ☐ Ovaries
- ☐ Bone
- ☐ Skin
- ☐ Neck
- ☐ Esophagus
- ☐ Pancreas
- ☐ Kidney
- ☐ Uterus
- ☐ Blood
- ☒ Other

Other

Describe

11000459% ^gdhj

Specific type/s

Stage or Classification specific to the cancer

Active treatment

☒ Yes

☐ No

Active treatment

- ☐ Chemotherapy
- ☐ Radiation
- ☐ Stem Cell
- ☐ Bone Marrow
- ☐ Surgery
- ☐ Immune System

☒ Other

Other

Describe

Side effects

- ☐ Nausea
- ☐ Vomiting
- ☐ Diarrhea
- ☐ Anemia
- ☐ Neutropenia
- ☐ Thrombocytopenia
- ☐ Weakness
- ☐ Loss of appetite
- ☒ Other

Other

Describe

Is there a current finding of Metastasis?

☒ Yes

☐ No

Location

11000459% ^gdhj

History / finding of Cachexia

☒ Yes

☐ No

Do you see a specialist?

☒ Yes

☐ No

Provider

11000459% ^gdhj

Recommendations

☐ Take medications as prescribed

comments

11000459% ^gdhj

☐ Other

comments

11000459% ^gdhj

Pain

Does the patient experience pain?

☒ Yes

☐ No

comments

11000459% ^gdhj

Is the Pain Acute?

☐ Yes

☐ No

Is the Pain Chronic?

☐ Yes

☐ No

comments

11000459% ^gdhj

Is the Patient Undergoing Pain Management Planning?

☐ Yes

☐ No

Is the member taking a narcotic or Opioid Medication?

☐ Yes

☐ No

Was the patient advised regarding the potential for dependence?

☐ Yes ☐ No

comments

11000459%gdhj

Vital Signs

Vital Signs

Blood Pressure		Pulse	Respiratory Rate	Temp	Pulse Oximetry	Pain Scale /10
(mmHG)	(mmHG)	(bpm)				

BMI

Patients Height		Patients Weight	BMI
(Feet)	(Inch)	(lbs)	

☐ Obesity ☐ Moderate Obesity ☐ Morbid Obesity
☐ Malnutrition

Are you on a special diet?

☐ Heart Healthy Diet ☐ Diabetic Diet ☐ Renal Diet
☐ Vegetarian ☐ Vegan ☐ Gluten Free
☐ Keto ☐ Pescatarian ☐ Other

Have you lost weight in the past 6 months?

☐ None ☐ 5lbs ☐ 10lbs
☐ 15lbs ☐ More than 15lbs ☐ 10% of your weight (calculated by assessor)

Recommendations

☐ Nutrition/ weight management
☐ Other

Exam Review

Constitutional

General appearance:	Normal	Abnormal
---------------------	--------	----------

Head and Face

Examination of head and face:	Normal	Abnormal
Palpation of the face and sinuses:	Normal	Abnormal

Eyes

Inspection of conjunctiva and lids:	Normal	Abnormal
-------------------------------------	--------	----------

Examination of pupils and irises:	Normal	Abnormal
-----------------------------------	--------	----------

Ears, Nose, Mouth and Throat

External Inspection of ears and nose:	Normal	Abnormal
Otoscopic examination:	Normal	Abnormal
Assessment of hearing:	Normal	Abnormal
Inspection of nasal mucosa, septum and trubينات:	Normal	Abnormal
Inspection of lips, teeth and gums:	Normal	Abnormal
Examination of oropharynx:	Normal	Abnormal

Neck

Examination of neck:	Normal	Abnormal
Examination of thyroid:	Normal	Abnormal

Pulmonary

Assessment of respiratory effort:	Normal	Abnormal
Auscultation of lungs:	Normal	Abnormal

Cardiovascular

Auscultation of heart:	Normal	Abnormal
Palpation and auscultation of Carotid Arteries:	Normal	Abnormal
Pedal Pulses:	Normal	Abnormal
Examination of Edema / Varicosities:	Normal	Abnormal
Examination of Radial Pulses:	Normal	Abnormal

Lymphatic

Palpation of cervical nodes (neck)	Normal	Abnormal
Palpation of preauricular nodes (in front of the ears)	Normal	Abnormal
Palpation of Submandibular nodes (under jaw line/chin)	Normal	Abnormal

Musculoskeletal

Examination of gait and station:	Normal	Abnormal
Inspection/palpation of digits and nails:	Normal	Abnormal
Inspection/palpation of joints, bones and muscles:	Normal	Abnormal
Assessment of range of motion:	Normal	Abnormal
Assessment of stability:	Normal	Abnormal
Assessment of muscle strength/tone:	Normal	Abnormal

Skin

Inspection of skin and subcutaneous tissue:	Normal	Abnormal
---	--------	----------

Neurologic

Indicate specific cranial nerve tested

Indicate cranial nerve deficits found

Romberg Test	Normal	Abnormal
Examination of reflexes:	Normal	Abnormal
Examination of sensation:	Normal	Abnormal
Coordination:	Normal	Abnormal

Diabetes

Foot Exam:	Normal	Abnormal
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Psychiatric

Description of patient's judgement / insight:	Normal	Abnormal
Orientation of person, place and time:	Normal	Abnormal
Recent and remote memory:	Normal	Abnormal
Mood and affect:	Normal	Abnormal

Screenings Needed

MICROALBUMIN

☐ Yes ☒ No

FOBT

☐ Yes ☒ No

A1C

☐ Yes ☒ No

LDL

☐ Yes ☒ No

RETINAL EYE EXAM

☐ Yes ☒ No

DEXA

☐ Yes ☒ No

PAD

☐ Yes

☒ No

☐ Member educated on results, verbalized understanding

Mini-Cog

Mini- Cog (see attached sheet)

Step 1: Three Word Registration

Look directly at person and say, "Please listen carefully. I am going to say three words that I want you to repeat back to me now and try to remember. The words are [select a list of words from the versions below]. Please say them for me now." If the person is unable to repeat the words after three attempts, move on to Step 2 (clock drawing).

The following and other word lists have been used in one or more clinical studies.¹⁻³ For repeated administrations, use of an alternative word list is recommended.

Version 1	Version 2	Version 3	Version 4	Version 5	Version 6
Banana	Leader	Village	River	Captain	Daughter
Sunrise	Season	Kitchen	Nation	Garden	Heaven
Chair	Table	Baby	Finger	Picture	Mountain

Step 2: Clock Drawing

Say: "Next, I want you to draw a clock for me. First, put in all of the numbers where they go." When that is completed, say: "Now, set the hands to 10 past 11."

Use preprinted circle (see next page) for this exercise. Repeat instructions as needed as this is not a memory test.

Move to Step 3 if the clock is not complete within three minutes.

Step 3: Three Word Recall

Ask the person to recall the three words you stated in Step 1. Say: "What were the three words I asked you to remember?" Record the word list version number and the person's answers below.

Word List Version : --

Person's Answers: --

Word Recall :	-- Points	1 point for each word spontaneously recalled without cueing. Home Safety Yes
Clock Draw :	-- Points	Normal clock = 2 points. A normal clock has all numbers placed in the correct positions) with no missing or duplicate numbers. Hands are pointing to the 11 sequence and approximately correct position (e.g., 12, 3, 6 and 9 are in anchor Inability or refusal to draw a clock (abnormal) = 0 points.and 2 (11:10). Hand length is not scored.
Total Score :	-- Points	Total score = Word Recall score + Clock Draw score. A cut point of < 3 on the Mini-Cog™ has been validated for dementia screening, but many individuals with clinically meaningful cognitive impairment will score higher. When greater sensitivity is desired, a cut point of < 4 is recommended as it may indicate a need for further evaluation of cognitive status.

Recommendations

- ☐ Further cognitive evaluation needed
- ☐ Other

Home Safety & Personal Goals

In the past year how many times have you Fallen?

- ☐ None ☐ Once ☐ Twice
- ☐ Three times ☐ More than three times

Home Safety

a. Do you have obstacles in the house, loose small rugs or objects on the floor that could cause tripping?	Yes	No
b. Do you have electrical cords running across floors, in doorways or under a rugs?	Yes	No
c. Do you have no slip mats on the shower floor or bath tub?	Yes	No
d. Do have adequate lighting in hallways and on the stairs?	Yes	No
e. Do you have handrails on staircases?	Yes	No
f. Is your hot water heater set for a maximum of 120 degrees?	Yes	No
g. Do you have smoke detectors on each level of the house and in all sleeping a rooms?	Yes	No
h. Do you have carbon Monoxide detectors on each level of the house?	Yes	No
i. Have used established an escape route in the event of fire?	Yes	No

Are there things about yourself you wish you could change or improve?

Is there anything that you could do to improve your quality of life?

Have you ever physically or felt emotionally abused by someone

☐ Yes ☐ No

Feeling like harming others or yourself

☐ Yes ☐ No

Are you afraid of anyone or is anyone hurting you?

☐ Yes ☐ No





Patient Summary

Assessors Comments :

Member Acknowledgment

I have been advised by the evaluator and understand that the services performed by the evaluator are limited to the evaluation performed today; the evaluator has no further duties to me once the evaluation performed today is completed ; the evaluator is not liable for abandonment my refusing to provide me treatment or continuing care to me beyond this evaluation; and I should contact my primary care or treating physician for all questions and concerns regarding medical care and treatment or, in the event of an emergency, call 911

Member informed of acknowledgment	<input checked="" type="checkbox"/>
Date/Time of Service/Evaluation :	2022-09-12T14:47
Time exam finished	2022-09-13T14:47

I accept the Disclosure Statement	<input checked="" type="checkbox"/>
Consented to Video chat	<input checked="" type="checkbox"/>
Provider Signature	  Digitally signed by test clinicianFE, FNP 2022-09-26, 15:49
Addendum	member saved In admin if type numbers in GPCOG Score , or In admin if type numbers in GPCOG Score , or ? accepting in GPCOG Score , or MMSE Score fields ? accepting in GPCOG Score , or MMSE Score fields
Addendum Signature	  Digitally signed by test clinicianFE, FNP 2022-11-25, 15:55

Disclosure Statement

Your health plan, has contracted with Focus Care to conduct a health exam on all of its Medicare members, including you. The health exam includes questions to help your health plan learn more about your current health. The exam may also find things that could effect your health. The results of the exam will help your health plan and your doctor keep you as healthy as possible.

Personal health information, or PHI, is information in your medical record that identifies the record as your record. PHI includes things like your date of birth, age, address, telephone number, and your medical history.

Most of the time, Focus Care will not release your personal information without your permission. Measures are in place to prevent your personal information from being accidentally released in writing, including by use of a computer, or orally. You may request more information about how your personal information is protected.

There are times when Focus Care is allowed to release your personal information without your permission. For example, your medical information may be given to other health care providers who take care of you. The results of this exam will be sent to your health plan and to your doctor.

Focus Care may release your personal health information to a 'business associate'. A 'business associate' is another agency that Focus Care uses to do things, such as billing. We require our 'business associates' to have security measures in place to prevent your personal information from being accidentally

released in writing, including by use of a computer, or orally.

Focus Care may be required to release your personal health information, without your permission, by law. including statutes, regulations, or valid court orders.

Focus Care will obtain your permission to use or release your personal health information for any other reason.

Do you have any questions about this information? Would you like to receive this information in a different language?

Your agreement to have this medical exam means you have given your permission to Focus Care to release the results of your medical exam to your health plan and to your doctor. Do you agree?

The information obtained today and any applicable lab results (some of which may become available after subsequent analysis) may be sent to your primary care physician (PCP).