



KISHA RIOS
4910 WOOD THRUSH CIR
HENRICO, VA, 23231-9998

c/o Focus Care
500 West Cummings Park, Suite 2700
Woburn, MA 01801

01-12-2023

Dear KISHA RIOS,

Thank you for having your yearly health visit offered to you by Focus Care and Virginia Premier Health Plan. Virginia Premier and Focus Care are partnering to provide this service as part of our effort to enhance your quality of health. We believe better information leads to better choices and better care. Your health review with Focus Care is a great step toward preventive care and healthy living.

Find enclosed a Personal Health Summary from your most recent health visit. This summary gives you a good picture of your health with suggestions about immunizations, screenings, and health tests. Additionally, the summary has recommendations about local resources that you may want to discuss with your primary care provider.

This private information does not affect your health care coverage in any way. Please call Virginia Premier Health before you schedule any health test to make sure it is covered.

We hope you will share your Personal Health Summary with your family and discuss it with your primary care provider. Do not hesitate to call Focus Care at 1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm with any questions about this letter or the enclosed Personal Health Summary.

Sincerely,

A handwritten signature in blue ink, appearing to read "Mark Mattingly", with a small "MS" monogram to the right.

Mark Mattingly, M.D.
Vice President, Medical Affairs

Patient Assessment Summary

Name	: KISHA RIOS	Age	: 51
Date of Birth	: 1971-07-06	Member ID	: 11001183
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-8-25 11:20 AM
Gender	: Female	Address	: 4910 WOOD THRUSH CIR,HENRICO,VA
Lob	: DSNP	Marital Status	:
Email	:	Phone	: 8042903113, 8044473851
Primary Language	:	Race	: African American

Vital Signs

Blood Pressure	133/89 mmHG	Pulse	72 bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	51	Patients Height	4 feet 2 inch	Patients Weight	223 lbs
BMI	62.7 (Morbid Obesity)				

Allergies

None

Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
	ADVAIR	AER 250/50	Select	Select		
	LEVETIRACETA	TAB 1000MG	Select	Select		
	MONTELUKAST	TAB 10MG	Select	Select		
	FLUTICASONE	SPR 50MCG	Select	Select		
	ALBUTEROL	FAT E	Select	Select		
	OMEPRAZOLE	CAP 20MG	Select	Select		
	PROAIR	AER	Select	Select		
	CITALOPRAM	TAB 20MG	Select	Select		
	NAPROXEN	TAB 500MG	Select	Select		
	CYCLOBENZAPR	TAB 10MG	Select	Select		
	AMOX/K	TAB 875-125	Select	Select		
	SMZ/TMP	TAB 800-160	Select	Select		
	NEO/POLY/HC	SUS 1% OTIC	Select	Select		

Over the Counter Medications / Supplements

None

Diagnoses under Chronic Care Management

None

Care management related to patient's activity levels

Assisstive Devices and DME

None

Falls during the past year

None

Care management related to past medical history

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Number of times in the past 12 months seen PCP :
Number of times in past 12 months been to the Emergency Room :
Number of times in past 12 months stayed overnight in hospital :
Number of times in past 12 months been in a nursing home :
Had Surgery in the last 12 months :

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	ROTHEMICH, STEPHEN F	

Family History:

None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score:

Preventative Follow up needed

Screenings

None

Social

None

Disease Management

None

Assessor Comments	
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