



APRIL D HELTON
401 NORTH ST
CHESAPEAKE CITY, VA, 23324-9998

c/o Focus Care
500 West Cummings Park, Suite 2700
Woburn, MA 01801

06-11-2022

Dear APRIL D HELTON,

Thank you for having your yearly health visit offered to you by Focus Care and Virginia Premier Health Plan. Virginia Premier and Focus Care are partnering to provide this service as part of our effort to enhance your quality of health. We believe better information leads to better choices and better care. Your health review with Focus Care is a great step toward preventive care and healthy living.

Find enclosed a Personal Health Summary from your most recent health visit. This summary gives you a good picture of your health with suggestions about immunizations, screenings, and health tests. Additionally, the summary has recommendations about local resources that you may want to discuss with your primary care provider.

This private information does not affect your health care coverage in any way. Please call Virginia Premier Health before you schedule any health test to make sure it is covered.

We hope you will share your Personal Health Summary with your family and discuss it with your primary care provider. Do not hesitate to call Focus Care at 1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm with any questions about this letter or the enclosed Personal Health Summary.

Sincerely,

A handwritten signature in blue ink, appearing to read "Mark Mattingly", with a small "MS" monogram to the right.

Mark Mattingly, M.D.
Vice President, Medical Affairs

Patient Assessment Summary

Name	: APRIL D HELTON	Age	: 20
Date of Birth	: 2002-06-09	Member ID	: 11002953
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-5-19 02:52 PM
Gender	: Female	Address	: 401 NORTH ST,CHESAPEAKE CITY,VA
Lob	: DSNP	Marital Status	: Divorced
Email	: abc@gmail.com	Phone	: 8063899504, 2763899504
Primary Language	: Hindi	Race	: Caucasian

Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	20	Patients Height		Patients Weight	
BMI					

Allergies

None

Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
	PANTOPRAZOLE	40MG	Select	Select		
	BENZTROPINE	0.5MG	Select	Select		
	BUPROPION	300MG XL	Select	Select		
	PROPRANOLOL	10MG	Select	Select		
	HALOPERIDOL	10MG	Select	Select		
	AMOXICILLIN	500MG	Select	Select		
	LINZESS	145MCG	Select	Select		
	TOPIRAMATE	100MG	Select	Select		
	FLUZONE	2019-20	Select	Select		
	CHLORPROMAZINE	100MG	Select	Select		
	TRAZODONE	50MG	Select	Select		
	AFLURIA	2020-21	Select	Select		
	SOFOVIR/VELPATIDINE	400-100	Select	Select		
	MUPIROCAIN	2%	Select	Select		
	CLONAZEPAM	1MG	Select	Select		
	FLUCLOXACILIN	2021-22	Select	Select		
	SUCRALFATE	1GM	Select	Select		
	COLESTIPOL	1GM	Select	Select		
	SMZ/TMP	800-160	Select	Select		
	MONTELUKAST	10MG	Select	Select		
	DOXYCYCLINE	100MG	Select	Select		
	CLINDAMYCIN	300MG	Select	Select		
	IBUPROFEN	800MG	Select	Select		
	PREDNISONE	20MG	Select	Select		

Over the Counter Medications / Supplements

None

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Diagnoses under Chronic Care Management

None

Care management related to patient's activity levels

Assistive Devices and DME

Walker, Oxygen, Wheel Chair, CPAP, Other -

Falls during the past year

None

Care management related to past medical history

Number of times in the past 12 months seen PCP : None

Number of times in past 12 months been to the Emergency Room : None

Number of times in past 12 months stayed overnight in hospital : None

Number of times in past 12 months been in a nursing home : None

Had Surgery in the last 12 months : None

Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	GOODMAN, ASHLEY D	

Family History:

None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score:

Preventative Follow up needed

Screenings

Abdominal Aneurysm Screening	
Hepatitis C Screening	
Nutrition/ weight management	

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Other	
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Social

Smoking/Tobacco	
Durable Power of attorney	
Advanced Directive	
Literacy	

Disease Management

None

Assessor Comments	
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