

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. JOLANTA A HERRERA MD PLLC
2552 Aldridge Ave,
South Chesterfield, VA, 238345306

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JOLANTA A HERRERA MD PLLC
2552 Aldridge Ave,
South Chesterfield, VA, 238345306

Virginia Premier Elite Plus
Attn: Medical Management
PO Box 4280
Richmond, VA 23220-0307
1-800-318-6023

2022-02-08

Dear JOLANTA A HERRERA MD PLLC

Virginia Premier in partnership with Focus Care provided a comprehensive health visit for your patient. The visit was conducted by a Focus Care clinician. Find attached a summary of the visit for:

UNIQUE DAVIS
1963-09-17
10097864

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

Dr. Mark Mattingly, MD
[Medical Director]

10097864



Patient Assessment Summary

Name	: UNIQUE DAVIS	Age	: 58
Date of Birth	: 1963-09-17	Member ID	: 10097864
Evaluator Name	: undefined	Date	: undefined
Gender	: Male	Address	: 3434 DANBURY ROAD, RICHMOND, VA
Lob	: MLTSS	Marital Status	: Single
Email	:	Phno	: 8042974723, 8042974723,

Your Vital Signs

Blood Pressure	118/78 mmHG	Pulse	85 bpm	Respiratory Rate	18
Temp	97.7	Pulse Oximetry	97	Pain Scale /10	8
Age	58	Patients Height	6 feet 4 inch	Patients Weight	295 lbs
BMI	35.9(Moderate Obesity (BMI 35 – 39.9))				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	Yes	2021-07-20	L: No visually significant pathology, R: No visually significant pathology	Type 2 diabetes mellitus	
HBA1C	Yes	2021-07-20		Type 2 diabetes mellitus	
MICROALBUMIN	Select				
FOBT	Select				
DEXA	Select				
PAD	Select				
Peak Flow Meter	Select				

Allergies

Answer: No

Your Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
htn	LISINOPRIL	TAB 20MG	PO = By Mouth	QD	herrera	Taking
left ankle pain	DICLOFENAC	GEL 0.01	T = Topical	PRN	herrera	Taking
pancreatitis	CREON	CAP 36000UNT	PO = By Mouth	QD	herrera	Taking
vitamin d deficiency	vitamin d	CAP 50000UNT	PO = By Mouth	QW	herrera	Taking
chronic pain	ACETAMIN	TAB 500MG	PO = By Mouth	PRN	herrera	Taking
chronic pain, pancreatitis	OXYCODONE	TAB 10MG	PO = By Mouth	PRN	herrera	Taking
hyperlipidemia	PRAVASTATIN	TAB 20MG	PO = By Mouth	HS	herrera	Taking
htn	LOSARTAN	TAB 100MG	PO = By Mouth	QD	herrera	Taking
headaches,	PROPRANOLOL	CAP 60MG ER	PO = By Mouth	HS	herrera	Taking

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insomnia						
t2dm	JARDIANCE	TAB 10MG	PO = By Mouth	QD	herrera	Taking
chronic low back pain	LIDOCAINE	PAD 0.05	T = Topical	QOD	herrera	Taking
allergic rhinitis	CLARITIN	TAB 10MG	PO = By Mouth	QD	herrera	Taking

Over the Counter Medications / Supplements

Answer: **yes**

Date	Description	Dose/Units	Route	Frequency
2021-07-20	aspirin	81mg	PO = By Mouth	daily

- Race

Answer: **African American**

- Preferred language

Answer: **English**

Diagnoses under Chronic Care Management

Active

Difficulty with vision

Legally Blind : **No**

Other, Supported By History, Medications

Other : **allergic rhinitis**

Sleep Apnea, Supported By Use of CPAP

Hyperlipidemia, Supported By Medication

Is patient on Statin : **Yes**

Hypertension, Supported By Medications

Adequately controlled : **Yes**

Pancreatitis, Supported By Symptoms, Use of certain medications

Recurrent episodes : **Yes - Chronic**

on a specific diet : **Yes**

see above

Depression, Supported By Other

Major : **NO**

Insomnia, Supported By Medication

Other, Supported By History, Symptoms, Medications

Other : **migraine**

Other, Supported By History, Symptoms, Medications

Other : **achilles tendinitis; chronic low back pain**

Diabetes, Supported By Symptoms, Medications

Type : **Type 2**

Most recent Hb A1C, value : **5.7% (estimated)**

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And Date : June 2021

Met with a nurse or dietician for diabetic education : Yes

met with diabetic educator in 2020 during pandemic

Met with a diabetic educator : Yes

Treatment includes : Diet

+ oral hypoglycemic agent

encouraged member to exercise

Hypertension and Diabetes, Supported By History, Medications

Is patient on Ace or ARB : Yes

Vitamin D Deficiency, Supported By Medications

History Of

Other, Supported By History

Other : tympanostomy left ear; ruptured eardrum

Care management related to self - assessment and psychosocial behaviors

- Social service referral to further assess social support infrastructure

Do you have someone who can help if you are sick or have problems? : Yes

Comment :

- Patient requires further evaluation regarding use of recreational drugs or pain medication.

Do you or have you used recreational drugs or pain medication? : Yes

Comment :

- Counsel patient on the need for a Healthcare Proxy.

Do you have a Healthcare Proxy? : No

Comment :

- Counsel patient on the need for a Durable Power of Attorney.

Do you have a Durable Power of Attorney? : No

Comment :

- Counsel patient on the need for an Advance Directive.

Do you have an Advance Directive? : No

Comment :

- Further assessment is required with a GAD 7 and or referral for a psychological evaluation

Are you nervous, anxious, feel on the edge or often feel stressed? : Yes

Comment :

Do you worry too much about different things? : Yes

Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : No

Refer patient for a physical therapy evaluation related to ADL's

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B. Getting in or out of chairs : No

C. Toileting : No

D. Bathing : No

E. Dressing : No

F. Eating : No

G. Walking : No

H. Going up or down stairs : No

Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: Cane

Are you currently seeing any specialists?

Answer: Yes

Medical Specialty	Specialist	For
Other	VCU	achilles tendonitis lt ankle with surgically repaired 4 years ago

If no activities are checked as need some help or total help

Refer patient for a physical therapy evaluation : 5 or more

A. Seen your PCP

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : None

C. Stayed in the hospital overnight : None

D. Been in a nursing home : None

E. Had Surgery : None

- Have you ever been hospitalized prior to the last 12 months?

Answer: Yes

Describe

Answer: covid, pancreatitis, T2DM

- In the past year how many times have you Fallen?

Answer: None

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

-Have you lost weight in the past 6 months?

Answer: None

Care management related to preventive care

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Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	Yes
Breast Exam/Mammography	Not Applicable
Cervical Screening	Not Applicable
Bone Density	Not Applicable
Prostate Exam/PSA	Yes
If Diabetic Eye Exam	Yes
If Diabetic Foot Exam	Yes
If Diabetic Hgb A1c screen	Yes
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: No

Comment: unknown family history

- In the past year how many times have you Fallen?

Answer: None

Assessors Comments :

56yo male lives at home with his parents. He uses Rite Aid pharmacy on Weir place in Chester, VA. Member was formerly on Lantus Insulin, but brought his A1C down to 5.7% and now only takes oral hypoglycemics. His BG range is 70-110mg/dl. He has issues with his lidocaine patch coverage that was recommended to him in lieu of a lidocaine patch. He needs an alternative that is covered by insurance. Member denies alcohol use or prior abuse; however, previous documented conditions list pancreatitis caused by ETOH abuse. Member denies prior alcohol history.