

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. No PCP

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No PCP

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Virginia Premier
Attn: Medical Management
P.O. Box 5307
Richmond, Virginia 23220-0307
1-800-727-7536

2022-02-11

ALAN A KING

1983-05-21

6763115

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions or if you want to set up an In-Home Health Review, please call us at <1-800-318-6023 (TTY/TDD 711), Monday through Friday, 8:30 am to 9:00 pm>.

Sincerely,

6763115

Your Vital Signs

Blood Pressure	125/73 mmHG	Pulse	69 bpm	Respiratory Rate	18
Temp	97.8	Pulse Oximetry	94	Pain Scale /10	10
Age	38	Patients Height	5 feet 9 inch	Patients Weight	200 lbs
BMI	29.5(Obesity (BMI 30 – 34.9))				

Patient Assessment Summary

Name : ALAN A KING Age : 38
Date of Birth : 1983-05-21 Member ID : 6763115
Evaluator Name : undefined Date : undefined
Gender : Male Address : 2325 Carmine St ,RICHMOND ,VA
Lob : VPM4 Marital Status : Single
Email : Phno : 8043145403, 8045975407,8043145403

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXAM	Yes	2021-07-26	L: No diabetic Retinopathy R: No diabetic Retinopathy		
HBA1C	Member Refused				
MICROALBUMIN	Yes	2021-07-26			
FOBT	Select				
DEXA	Select				
PAD	Select				
Peak Flow Meter	No				no kit available

Allergies

Answer: No

Your Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
leg infection	CEFDINIR	CAP 300MG	PO = By Mouth	BID	simons	Not Taking
nicotine dependence	NICOTINE	DIS 21MG/24H	T = Topical	PRN	soguflu	Taking
opioid abuse	NARCAN	SPR	M = Intramuscular	QD	simons	Not Taking
chronic pain	IBUPROFEN	TAB 800MG	PO = By Mouth	BID	otc	Taking
pain	GABAPENTIN	TAB 600MG	PO = By Mouth	TID	soguflu	Taking
arthritis	DICLOFENAC	GEL 0.01	PO = By Mouth	QD	simons	Taking
chronic pain	ACETAMINOPHE	TAB 325MG	PO = By Mouth	TID	simons	Taking
PTSD	QUETIAPINE	TAB 100MG	PO = By Mouth	HS	simons	Not Taking
htn	CLONIDINE	TAB 0.1MG	PO = By Mouth	BID	simons	Not Taking
anxiety	HYDROXYZ	CAP 50MG	PO = By Mouth	QID	soguflu	Taking
opioid abuse	methadone	100mg	PO = By Mouth	QD	4926 W Broad St	Taking

Over the Counter Medications / Supplements

Answer: yes

Date	Description	Dose/Units	Route	Frequency
2021-07-26	zinc	500mg	PO = By Mouth	TID - zinc for wound healing

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- Race

Answer: African American

- Preferred language

Answer: English

Diagnoses under Chronic Care Management

Active

Other, Supported By Symptoms, Physical Findings

Other : dental caries

Hypertension, Supported By Medications

Adequately controlled : Yes

Depression, Supported By Symptoms

Major : Yes

Supported by : PHQ 9

Drug Dependence, Supported By Chronic use of pain medication, History of hospitalization

History of Psychosis : No

What drug/s : methadone currently; prior on oxycodone

Generalized Anxiety Disorder, Supported By Symptoms

Insomnia, Supported By Symptoms

Peripheral Neuropathy, Supported By Physical findings, Other

Secondary to Diabetes : Yes

non-healing left leg

Other, Supported By History, Symptoms

Other : PTSD

Other, Supported By History, Symptoms

Other : chronic pain syndrome

Wound, Supported By History, Symptoms, Physical Findings, Medications

Etiology : Traumatic

Other, Supported By History, Symptoms

Other : cellulitis

History Of

Alcohol Dependence, Supported By Drinking history

History of Delirium Tremens : Yes

History of Psychosis : Yes

Care management related to self - assessment and psychosocial behaviors

- Social service referral to further assess social support infrastructure

Do you have someone who can help if you are sick or have problems? : Yes

Comment :

- Counsel patient on and or provide medication for smoking cessation.

Tobacco Use : Current

Comment :

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Type : Cigarettes

Comment :

- Patient requires further evaluation regarding use of recreational drugs or pain medication.

Do you or have you used recreational drugs or pain medication? : Yes

Comment :

- Counsel patient on the need for a Healthcare Proxy.

Do you have a Healthcare Proxy? : No

Comment :

- Counsel patient on the need for a Durable Power of Attorney.

Do you have a Durable Power of Attorney? : No

Comment :

- Counsel patient on the need for an Advance Directive.

Do you have an Advance Directive? : No

Comment :

- Further assessment is required with a GAD 7 and or referral for a psychological evaluation

Are you nervous, anxious, feel on the edge or often feel stressed? : Yes

Comment :

Do you worry too much about different things? : Yes

Comment :

Do you feel afraid that something bad might happen? : Yes

Comment :

- Further assessment is required with a PHQ9 and or referral for a psychological evaluation

having you had little interest or pleasure in doing things : More than half the days

Comment :

have you been feeling down, depressed or hopeless at times : Nearly every day

Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADLs.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : No

Refer patient for a physical therapy evaluation related to ADL's

B. Getting in or out of chairs : No

C. Toileting : No

D. Bathing : No

E. Dressing : No

F. Eating : No

G. Walking : No

H. Going up or down stairs : No

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Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: Cane

Are you currently seeing any specialists?

Answer: No

Comment: no specialists - formerly had a wound doctor and rehab

- Patient should be referred for a physical therapy evaluation related to ADLs.

Refer patient for a physical therapy evaluation

A. Seen your PCP : None

Refer patient for a physical therapy evaluation related to ADLs

B. Visited the Emergency Room : 4

If one or more, describe

cellulitis left leg March 2021

C. Stayed in the hospital overnight : 2

If one or more, describe

cellulitis

D. Been in a nursing home : None

E. Had Surgery : None

- Have you ever been hospitalized prior to the last 12 months?

Answer: Yes

Describe

Answer: drug, alcohol use

- In the past year how many times have you Fallen?

Answer: Three times

Do you worry about falling or feeling unsteady when standing or walking

Answer: Yes

Worries about falling or feeling unsteady when standing or walking?

Answer: Yes

Did you have a fracture in past 6 months?

Answer: No

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

-Have you lost weight in the past 6 months?

Answer: None

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

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Screen	Answer
Colonoscopy	No
Breast Exam/Mammography	Not Applicable
Cervical Screening	Not Applicable
Bone Density	Not Applicable
Prostate Exam/PSA	No
If Diabetic Eye Exam	No
If Diabetic Foot Exam	No
If Diabetic Hgb A1c screen	No
Lipid Panel	No

Care management related to diagnoses and symptoms

Family History

Answer: No

Comment: unknown family history

- In the past year how many times have you Fallen?

Answer: Three times

Do you worry about falling or feeling unsteady when standing or walking

Answer: Yes

Worries about falling or feeling unsteady when standing or walking?

Answer: Yes

Did you have a fracture in past 6 months?

Answer: No

Assessors Comments :

38yo male lives in apartment-setting with significant other and children. He has a long-standing history of alcohol and drug abuse from his previous documented conditions requiring narkan, hospitalization and he was homeless at one point. He did not offer a lot of information or forthcoming. Scattered thoughts, high PHQ-9 score, currently goes to methadone clinic daily. He played play station majority of his F2F exam and did not make eye contact but maybe 30 seconds his entire exam. His PHQ-9 score is 23. Member had flat affect; guarded; disorganized thought process; withdrawn during exam. He would not make eye contact or provide much information. Discussed mental health services with member for which he agrees and would like help with his health. He denies suicide or homicide ideation. Member requested opioid pain medication over and over; history of drug abuse. He has no PCP - needs one for continued care. He goes to Methadone clinic daily. CM referral completed for mental health services, needs PCP, and social work referral.