



c/o Focus Care  
500 West Cummings Park, Suite 2700  
Woburn, MA 01801

ROBERT BRICKHOUSE JR  
526 E BRAMBLETON AVE  
NORFOLK, VA, 23510-9998

11-23-2022

Dear ROBERT,

Thank you for having your in-home health visit offered to you by Focus Care and Optima Medicare.

At Optima Medicare, we want you to have the information needed to take care of your health needs. Your in-home health visit with Focus Care was the first step toward healthy living.

We created the enclosed Personal Health Summary to help you understand your overall health. This summary also recommends vaccinations, screenings, and health tests that you may want to discuss with your primary care provider (PCP).

This summary is confidential and does not affect your healthcare coverage in any way. Please contact Optima Medicare before you schedule any health test to make sure it is covered by your benefits.

We encourage you to share your Personal Health Summary with your family and to discuss it with your PCP. If you have questions about this document or any of the services that Focus Care offers, please call Focus Care at 1-800-371-3338 (TTY: 711), Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in black ink, appearing to read "Jay Schukman".

Jay Schukman, M.D.  
Chief Medical Officer

# Patient Assessment Summary

Name	: ROBERT BRICKHOUSE JR	Age	: 56
Date of Birth	: 1966-06-09	Member ID	: 900035803*01
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-8-30 12:00 PM
Gender	: Male	Address	: 526 E BRAMBLETON AVE,NORFOLK,VA
Lob	: DSNP	Marital Status	: Single
Email	:	Phone	: 757/949-2644,
Primary Language	: English	Race	: African American

## Vital Signs

Blood Pressure	120/70 mmHG	Pulse	84 bpm	Respiratory Rate	18
Temp	97	Pulse Oximetry	98	Pain Scale /10	0/10
Age	56	Patients Height	5 feet 1 inch	Patients Weight	180 lbs
BMI	34.0 (Obesity)				

## Allergies

None

## Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
HTN	metoprolol ER	25 mg	PO = By Mouth	QD	PCP	Taking
Type 2 DM	januvia	25 mg	PO = By Mouth	QD	PCP	Taking
HTN	amlodipine	10 mg	PO = By Mouth	QD	PCP	Taking
Chronic diarrhea	Lomotil	2.5/0.025 mg	PO = By Mouth	QD	PCP	Taking

## Over the Counter Medications / Supplements

Date	Description	Dose/Units	Route	Frequency
2022-08-30	diphenhydramine	25 mg	PO = By Mouth	PRN for itching
2022-08-30	loperamide	2 mg	PO = By Mouth	PRN diarrhea

## Diagnoses under Chronic Care Management

### Active

1. Cataracts, Retinal Disease
2. Hypertension
3. Other - Chronic diarrhea of unknown etiology. Has had GI work up with no etiology found
4. Other - Pruritus due to ESRD
5. Diabetes
6. Anemia

## History of

1. Peripheral Vascular Disease secondary to Diabetes

## Care management related to patient's activity levels

Assistive Devices and DME

None

Falls during the past year

None

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## Care management related to past medical history

Number of times in the past 12 months seen PCP : 5  
Number of times in past 12 months been to the Emergency Room : None  
Number of times in past 12 months stayed overnight in hospital : None  
Number of times in past 12 months been in a nursing home : None  
Had Surgery in the last 12 months : None  
Ever been hospitalized prior to the past 12 months: Yes  
Hospitalizations due to BKAs,

## Providers:

Medical Specialty	Specialist	For
Primary Care Physician	WOLFE, KENNEDY C MD	
Nephrologist	Dr Russ	ESRD, dialysis
Ophthalmologist	Dr Reading	cataracts, retinopathy
Other	Norfolk Vascular Specialists	AVF

## Family History:

Family Member	Medical Condition	Cause of Death
Father	renal disease	renal disease

## Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score: 0

## Preventative Follow up needed

### Screenings

None

### Social

Member educated on advance care planning	
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## Disease Management

None

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## Assessor Comments

Pleasant 56 year old man with chronic health conditions, ESRD. He feels he is managing well, looking forward to getting his own apartment. Feels supported by family. No acute concerns voiced. He did have questions about Visa Rewards card. Referral to case management.  
Previously documented conditions list reviewed. Any condition not addressed in HRA may be considered to be resolved or unable to be confirmed.