



c/o Focus Care
500 West Cummings Park, Suite 2700
Woburn, MA 01801

DIANA M TULL
4670 KRATZER ROAD
HARRISONBURG, VA, 22802-9998

11-28-2022

Dear DIANA,

Thank you for having your in-home health visit offered to you by Focus Care and Optima Medicare.

At Optima Medicare, we want you to have the information needed to take care of your health needs. Your in-home health visit with Focus Care was the first step toward healthy living.

We created the enclosed Personal Health Summary to help you understand your overall health. This summary also recommends vaccinations, screenings, and health tests that you may want to discuss with your primary care provider (PCP).

This summary is confidential and does not affect your healthcare coverage in any way. Please contact Optima Medicare before you schedule any health test to make sure it is covered by your benefits.

We encourage you to share your Personal Health Summary with your family and to discuss it with your PCP. If you have questions about this document or any of the services that Focus Care offers, please call Focus Care at 1-800-371-3338 (TTY: 711), Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in black ink, appearing to read "Jay Schukman".

Jay Schukman, M.D.
Chief Medical Officer

Patient Assessment Summary

Name	: DIANA M TULL	Age	: 73
Date of Birth	: 1949-04-19	Member ID	: 900041873*01
Evaluator Name	:	Date	: 2022-9-28 01:40 PM
Gender	: Female	Address	: 4670 KRATZER ROAD,HARRISONBURG,VA
Lob	: MA-Non DSNP	Marital Status	: Married
Email	: n/a	Phone	: 540/830-1116, 540/830-1116
Primary Language	: English	Race	: Caucasian

Vital Signs

Blood Pressure	89/89 mmHG	Pulse	04 bpm	Respiratory Rate	04
Temp	67	Pulse Oximetry	67	Pain Scale /10	67
Age	73	Patients Height	04 feet 04 inch	Patients Weight	67 lbs
BMI	17.4				

Allergies

None

Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
osteoporoses	ALENDRONATE	TAB 70MG	PO = By Mouth	QD	pcp	Taking
bladder incontinence	OXYBUTYNIN	TAB 5MG	PO = By Mouth	QD	pcp	Taking
insomnia	TRAZODONE	TAB 50MG	PO = By Mouth	QD	pcp	Taking
htn	LISINAPRIL	TAB 20MG	PO = By Mouth	QD	pcp	Taking
htn	HYDROCHLOROT	TAB 25MG	PO = By Mouth	QD	pcp	Taking
htn	AMLODIPINE	TAB 5MG	PO = By Mouth	QD	pcp	Taking
hld	atorvastatin	40mg	PO = By Mouth	QD	pcp	Taking

Over the Counter Medications / Supplements

Date	Description	Dose/Units	Route	Frequency
2022-09-06	magnesium supplement	1 tab	PO = By Mouth	daily
2022-09-07	tylenol arthritis	1tab	PO = By Mouth	daily

Diagnoses under Chronic Care Management

Active

1. Cataracts
2. Hyperlipidemia, Hypertension
3. Urinary Incontinence

History of

1. Myopia
2. GERD
3. Vitamin D Deficiency

Care management related to patient's activity levels

Assisstive Devices and DME

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CPAP

Falls during the past year

None

Care management related to past medical history

Number of times in the past 12 months seen PCP : 1

Number of times in past 12 months been to the Emergency Room : None

Number of times in past 12 months stayed overnight in hospital : None

Number of times in past 12 months been in a nursing home : None

Had Surgery in the last 12 months : None

Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	Dr. Carla Gibss	
Other	Heather Miller, n/a at sentara sleep center	sleep apnea

Family History:

None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score: 0

Preventative Follow up needed

Screenings

COVID-19 Vaccine	
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Social

Member educated on advance care planning	
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Disease Management

Blood Pressure checks	
Heart Healthy Diet	

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: MA-Non DSNP

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Phone

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Race

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Exercise 30 min a day	
Take medications as prescribed	

Assessor Comments	Member has no complaints today. She is in good spirits and has no complaints.
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