



c/o Focus Care
500 West Cummings Park, Suite 2700
Woburn, MA 01801

PHUONG H NGUYEN
235 BURNETTS WAY
SUFFOLK, VA, 321456

11-28-2022

Dear PHUONG,

Thank you for having your in-home health visit offered to you by Focus Care and Optima Medicare.

At Optima Medicare, we want you to have the information needed to take care of your health needs. Your in-home health visit with Focus Care was the first step toward healthy living.

We created the enclosed Personal Health Summary to help you understand your overall health. This summary also recommends vaccinations, screenings, and health tests that you may want to discuss with your primary care provider (PCP).

This summary is confidential and does not affect your healthcare coverage in any way. Please contact Optima Medicare before you schedule any health test to make sure it is covered by your benefits.

We encourage you to share your Personal Health Summary with your family and to discuss it with your PCP. If you have questions about this document or any of the services that Focus Care offers, please call Focus Care at 1-800-371-3338 (TTY: 711), Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in black ink, appearing to read "Jay Schukman".

Jay Schukman, M.D.
Chief Medical Officer

Patient Assessment Summary

Name	: PHUONG H NGUYEN	Age	: 70
Date of Birth	: 1952-08-04	Member ID	: 900047200*01
Evaluator Name	:	Date	: 2022-9-28 10:30 AM
Gender	: Male	Address	: 235 BURNETTS WAY,SUFFOLK,VA
Lob	: DSNP	Marital Status	: Married
Email	:	Phone	: ,
Primary Language	: Vietnamese	Race	: Vietnamese

Vital Signs

Blood Pressure	140/82 mmHG	Pulse	84 bpm	Respiratory Rate	16
Temp	97.3	Pulse Oximetry	97	Pain Scale /10	5
Age	70	Patients Height	5 feet 6 inch	Patients Weight	142.6 lbs
BMI	23.0				

Allergies

None

Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
t2dm	JANUMET	TAB 50-1000	PO = By Mouth	BID	Dr.Le	Taking
htn	GLIMEPIRIDE	TAB 2MG	PO = By Mouth	BID	Dr.Le	Taking
hld	SIMVASTATIN	TAB 10MG	PO = By Mouth	HS	Dr.Le	Taking
diabetic neuropathy	GABAPENTIN	CAP 400MG	PO = By Mouth	BID	Dr.Le	Taking
htn	QUINAPRIL HCL	TAB 20MG	PO = By Mouth	QD	Dr.Le	Taking

Over the Counter Medications / Supplements

Date	Description	Dose/Units	Route	Frequency
2022-09-28	aspirin	81 mg	PO = By Mouth	qd

Diagnoses under Chronic Care Management

Active

1. Difficulty with Hearing
2. Difficulty Chewing, Other - full dentures
3. Hyperlipidemia, Hypertension
4. Osteoarthritis
5. Diabetes, Peripheral Neuropathy secondary to Diabetes

History of

1. Cataracts

Care management related to patient's activity levels

Assistive Devices and DME

Walker

Comment : uses a rollator walker only when walking long distances

Falls during the past year

None

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Care management related to past medical history

Number of times in the past 12 months seen PCP : 2
Number of times in past 12 months been to the Emergency Room : None
Number of times in past 12 months stayed overnight in hospital : None
Number of times in past 12 months been in a nursing home : None
Had Surgery in the last 12 months : None
Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	LE, DAU T MD	

Family History:

None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score: 0

Preventative Follow up needed

Screenings

Influenza Vaccine	
COVID-19 Vaccine	
Pneumococcal Vaccine	
Herpes Zoster Vaccine	
Fall Risk Screening	
Abdominal Aneurysm Screening	
Hepatitis C Screening	
Nutrition/ weight management	
Other	

Social

Member educated on advance care	
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planning	
Durable Power of attorney	
Healthcare Proxy	
Advanced Directive	
Literacy	

Disease Management

Hearing evaluation	
Dental exam	
Blood Pressure checks	
Heart Healthy Diet	
Exercise 30 min a day	
Discuss PT/OT evaluation with PCP	
Check Blood sugar	
Take medications as prescribed	

Assessor Comments	70yo Vietnamese male patient, appropriately dressed and groomed, alert and oriented, pleasant and cooperative during exam reviewed previously documented conditions, addressed active conditions per ROS above Patient in need of diabetic nurse educator consult for diabetes education, specifically diabetic, heart healthy diet Patient in need of dental exam, may be in need of adjustment/new dentures - needs assistance with scheduling dental exam Patient in need of hearing evaluation - please refer to audiology
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