

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. KALAFIAN, MICHAEL J MD
125 NATIONWIDE DRIVE
LYNCHBURG, VA, 24502

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c/o Focus Care
500 West Cummings Park Suite 2700| Woburn, MA 01801

DOROTHY M BROWN

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Dr. KALAFIAN, MICHAEL J MD
125 NATIONWIDE DRIVE
LYNCHBURG,VA,24502

2022-04-08

Dear Dr. KALAFIAN, MICHAEL J MD,

Through our partnership with Focus Care, your patient, covered through Optima Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

DOROTHY M BROWN
900038962*01

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions, please contact Focus Care at 1-800-371-3338 (TTY: 711) Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in grey ink, appearing to be "T. Lundquist".

Dr. Thomas Lundquist, M.D.
Chief Medical Officer
Optima Health

Patient Assessment Summary

Name	: DOROTHY M BROWN	Age	: 61
Date of Birth	: 1960-04-10	Member ID	: 900038962*01
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-4-1 12:04 PM
Gender	: Female	Address	: 1503 KEMPER ST # 406,LYNCHBURG,VA
Lob	: DSNP	Marital Status	:
Email	:	Phone	: 434/229-7282,
Primary Language	: English	Race	: No Ethnicity

Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	61	Patients Height		Patients Weight	
BMI	(Moderate Obesity)				

Allergies

None

Current Medications

None

Over the Counter Medications / Supplements

None

Diagnoses under Chronic Care Management

Active

1. Chronic Pulmonary Embolism, Cystic Fibrosis

History of

1. Pulmonary Fibrosis

Care management related to patient's activity levels

Assisitive Devices and DME

None

Falls during the past year

None

Care management related to past medical history

Number of times in the past 12 months seen PCP : None
Number of times in past 12 months been to the Emergency Room : None
Number of times in past 12 months stayed overnight in hospital : None
Number of times in past 12 months been in a nursing home : None
Had Surgery in the last 12 months : None
Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	KALAFIAN, MICHAEL J MD	

Family History:

None

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Age : 61
Member ID : 900038962*01
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Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score: 2

Preventative Follow up needed

Screenings

Breast Cancer Screening	
Influenza Vaccine	
Pneumococcal Vaccine	
Diabetes Screening	
Cholesterol Screening	
STIs/HIV Screening	
Osteoporosis Screening	
Fall Risk Screening	
Abdominal Aneurysm Screening	
Nutrition/ weight management	

Social

Smoking/Tobacco	
Durable Power of attorney	
Advanced Directive	
Literacy	

Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication adherence	
Hearing evaluation	
Dental exam	
Swallowing evaluation	
Blood Pressure checks	

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Heart Healthy Diet	
Discuss PT/OT evaluation with PCP	
Check Blood sugar	
Report abnormal bruising or bleeding	
Follow up with doctor for lab work	
Take medications as prescribed	
Other	

Assessor Comments	
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