

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. ABBASI, GOHAR M MD
STE 101 1714 E HUNDRED ROAD
CHESTER, VA, 23836

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c/o Focus Care
500 West Cummings Park Suite 2700| Woburn, MA 01801

MILLARD M WALTON

c/o Focus Care
500 West Cummings Park Suite 2700| Woburn, MA 01801

Dr. ABBASI, GOHAR M MD
STE 101 1714 E HUNDRED ROAD
CHESTER,VA,23836

2022-04-08

Dear Dr. ABBASI, GOHAR M MD,

Through our partnership with Focus Care, your patient, covered through Optima Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

MILLARD M WALTON
900039140*01

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions, please contact Focus Care at 1-800-371-3338 (TTY: 711) Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in grey ink, appearing to read "Dr. Lundquist".

Dr. Thomas Lundquist, M.D.
Chief Medical Officer
Optima Health

Patient Assessment Summary

Name : MILLARD M WALTON
Date of Birth : 1952-08-03
Evaluator Name : test clinicianFE, FNP
Gender : Male
Lob : DSNP
Email :
Primary Language : Italian

Age : 69
Member ID : 900039140*01
Date : 2022-4-1 10:04 AM
Address : 7200 OLIVET CHURCH ROAD,NEW KENT,VA
Marital Status :
Phone : 804/932-3895,
Race : No Ethnicity

Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	69	Patients Height		Patients Weight	
BMI	(Moderate Obesity)				

Allergies

None

Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
diag	Ranitidine	20 MG	PO = By Mouth	AC	done	Taking
diag 2	Esomeprazole	100 MG	N = Nasal	BID	dual	Not Taking

Over the Counter Medications / Supplements

None

Diagnoses under Chronic Care Management

Active

None

History of

1. Cachexia

Care management related to patient's activity levels

Assistive Devices and DME

None

Falls during the past year

None

Care management related to past medical history

Number of times in the past 12 months seen PCP : 1
Number of times in past 12 months been to the Emergency Room : 1
Number of times in past 12 months stayed overnight in hospital : 1
Number of times in past 12 months been in a nursing home : 1
Had Surgery in the last 12 months : 1
Ever been hospitalized prior to the past 12 months: No

Providers:

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Medical Specialty	Specialist	For
Primary Care Physician	ABBASI, GOHAR M MD	

Family History:

None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL					
RETINAL EYE EXAM	No				
DEXA	No				
PAD					

PHQ 2 Score: 2

Preventative Follow up needed

Screenings

Breast Cancer Screening	
Influenza Vaccine	
Pneumococcal Vaccine	
Diabetes Screening	
STIs/HIV Screening	
Prostate Screening	
Abdominal Aneurysm Screening	
Hepatitis C Screening	
Nutrition/ weight management	
Other	

Social

Smoking/Tobacco	
Durable Power of attorney	
Advanced Directive	
Food Disparity	
Social support evaluation	

Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication	
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adherence	
Hearing evaluation	
Eye exam	
Blood Pressure checks	
Heart Healthy Diet	
Exercise 30 min a day	
Discuss PT/OT evaluation with PCP	
Check Blood sugar	
Follow up with doctor for lab work	
Take medications as prescribed	
Other	

Assessor Comments	
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