

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. MARKOVIC, VLADIMIR MD
3415 GRANBY STREET
NORFOLK, VA, 23504

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c/o Focus Care
500 West Cummings Park Suite 2700| Woburn, MA 01801

FREDERICK L NELSON

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500 West Cummings Park Suite 2700| Woburn, MA 01801

Dr. MARKOVIC, VLADIMIR MD
3415 GRANBY STREET
NORFOLK,VA,23504

2022-04-11

Dear Dr. MARKOVIC, VLADIMIR MD,

Through our partnership with Focus Care, your patient, covered through Optima Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

FREDERICK L NELSON
900039711*01

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions, please contact Focus Care at 1-800-371-3338 (TTY: 711) Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in grey ink, appearing to be "T. Lundquist".

Dr. Thomas Lundquist, M.D.
Chief Medical Officer
Optima Health

Patient Assessment Summary

Name : FREDERICK L NELSON
Date of Birth : 1957-06-02
Evaluator Name : test clinicianFE, FNP
Gender : Male
Lob : DSNP
Email :
Primary Language : Greek

Age : 64
Member ID : 900039711*01
Date : 2022-5-18 04:18 PM
Address : 2506 BARRE ST APT B,NORFOLK,VA
Marital Status :
Phone : 757/531-7346,
Race : No Ethnicity

Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	64	Patients Height		Patients Weight	
BMI					

Allergies

None

Current Medications

None

Over the Counter Medications / Supplements

None

Diagnoses under Chronic Care Management

None

Care management related to patient's activity levels

Assisitive Devices and DME

None

Falls during the past year

None

Care management related to past medical history

Number of times in the past 12 months seen PCP : 3

Number of times in past 12 months been to the Emergency Room : 3

Number of times in past 12 months stayed overnight in hospital : 3

Number of times in past 12 months been in a nursing home : 3

Had Surgery in the last 12 months : 3

Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	MARKOVIC, VLADIMIR MD	

Family History:

None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening	Exam Date	Screening Result	Diagnosis	Comments
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	Completed				
MICROALBUMIN	No				
FOBT	No				
A1C	Yes				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score: 0

Preventative Follow up needed

Screenings

Abdominal Aneurysm Screening	
Nutrition/ weight management	

Social

Smoking/Tobacco	
Durable Power of attorney	
Advanced Directive	
Literacy	
Social support evaluation	

Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication adherence	
Discuss medication side effects with your Doctor	
Hearing evaluation	
Dental exam	
Eye exam	
Swallowing evaluation	
Take medications as prescribed	
Other	

Assessor Comments	
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