

# CONFIDENTIAL INFORMATION

**From :**

c/o Focus Care  
500 West Cummings Park  
Suite 2700  
Woburn, MA 01801

**To :**

Dr. MUSSELMANI, ZATTAM MD  
1422 POINDEXTER ST  
CHESAPEAKE, VA, 23324

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c/o Focus Care  
500 West Cummings Park, Suite 2700 Woburn, MA 01801

Dr. ZATTAM MUSSELMANI  
1422 POINDEXTER ST  
CHESAPEAKE, VA, 23324

11/24/2022

Dear Dr. MUSSELMANI, ZATTAM MD,

Through our partnership with Focus Care, your patient, covered through Optima Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

NOTASHA D HAMMOCK  
900039986\*01

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concerns.

If you have any questions, please contact Focus Care at 1-800-371-3338 (TTY: 711) Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in black ink, appearing to read "Jay Schukman".

Jay Schukman, M.D.  
Chief Medical Officer

# Patient Assessment Summary

Name : NOTASHA D HAMMOCK  
 Date of Birth : 1978-02-03  
 Evaluator Name :  
 Gender : Female  
 Lob : DSNP  
 Email :  
 Primary Language : English

Age : 44  
 Member ID : 900039986\*01  
 Date : 2022-2-11 10:30 AM  
 Address : 944 POLLARD ST,NORFOLK,VA  
 Marital Status : Single  
 Phone : 757/533-2069,  
 Race : African American

## Vital Signs

Blood Pressure	138/80 mmHG	Pulse	83 bpm	Respiratory Rate	16
Temp	97.6	Pulse Oximetry	97	Pain Scale /10	2/10
Age	44	Patients Height	5 feet 11 inch	Patients Weight	324 lbs
BMI	45.2 (Morbid Obesity)				

## Allergies

Substance	Reaction
seasonal/environmental allergies	cough, itchy eyes nasal congestion
PCN	itching

## Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
seasonal allergies	FLUTICASONE PROPIONATE	50MCG	N = Nasal	PRN	PCP	Taking
Type 2 DM	JANUVIA	100MG	PO = By Mouth	QD	PCP	Taking
HLD	SIMVASTATIN	20MG	PO = By Mouth	HS	PCP	Taking
Type 2 DM	METFORMIN HYDROCHLORIDE ER	500MG ER	PO = By Mouth	BID	PCP	Taking
GERD	OMEPRazole	40MG	PO = By Mouth	QD	PCP	Taking
insomnia	MIRTAZAPINE	30MG	PO = By Mouth	QD	Psychiatrist	Taking
Schizoaffective disorder	HALOPERIDOL	injection	PO = By Mouth	Select	Psychiatrist	Taking
Schizoaffective disorder	QUETIAPINE FUMARATE	600mg	PO = By Mouth	HS	Psychiatrist	Taking
Anemia	FERROUS SULFATE	325MG	PO = By Mouth	QD	PCP	Taking
insomnia	TRAZODONE HYDROCHLORIDE	100MG	PO = By Mouth	HS	Psychiatrist	Taking
Chronic pain/ arthritis	NAPROXEN	500MG	PO = By Mouth	PRN	PCP	Taking
cough/ seasonal allergies	SPIRIVA HANDIHALER	HANDIHLR	PO = By Mouth	QD	PCP	Taking
Back pain	LIDOCAINE	5%	T = Topical	PRN	PCP	Not Taking
HTN	LISINAPRIL	20MG	PO = By Mouth	QD	PCP	Taking
Type 2 DM	LANTUS SOLOSTAR	100/ML	SQ = Subcutaneous	HS	PCP	Taking
Chronic pain	TRAMADOL HCL	50MG	PO = By Mouth	PRN	PCP	Not Taking
Anxiety	LORAZEPAM	1MG	PO = By Mouth	BID	Psychiatrist	Taking
Pain	GABAPENTIN	300MG	PO = By Mouth	BID	PCP	Taking

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Pain	ACETAMINOPHEN	325MG	PO = By Mouth	PRN	PCP	Taking
seasonal allergies	ALLERGY RELIEF D-12	5-120MG	PO = By Mouth	PRN	PCP	Taking
glaucoma	ROCKLATAN	0.2/0.5%	E = Eye	HS	Ophthalmology	Taking
GERD	SUCRALFATE	1GM/10ML	PO = By Mouth	BID	GI	Taking
pain/OA	ASPERCREME LIDOCAINE MAX STRENGTH	LIDO 4%	T = Topical	PRN	PCP	Not Taking
nausea	ONDANSETRON ODT	4MG ODT	PO = By Mouth	PRN	GI	Taking

## Over the Counter Medications / Supplements

None

## Diagnoses under Chronic Care Management

### Active

1. Glaucoma
2. Seasonal Allergies
3. Hyperlipidemia, Hypertension
4. GERD
5. Anxiety, Depression, Insomnia, Other - Schizoaffective Disorder
6. Urinary Incontinence
7. Osteoarthritis
8. Diabetes
9. Anemia

## History of

1. Vitamin D Deficiency

## Care management related to patient's activity levels

Assistive Devices and DME

None

Falls during the past year

None

## Care management related to past medical history

Number of times in the past 12 months seen PCP : 2

Number of times in past 12 months been to the Emergency Room : None

Number of times in past 12 months stayed overnight in hospital : None

Number of times in past 12 months been in a nursing home : None

Had Surgery in the last 12 months : None

Ever been hospitalized prior to the past 12 months: Yes

left total knee replacement

## Providers:

Medical Specialty	Specialist	For
Primary Care Physician	MUSSELMANI, ZATTAM MD	
Endocrinologist	Dr Mason	Type 2 DM

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Gastroenterologist	Dr. Gamsey	GERD
Ophthalmologist	Dr ,	glaucoma
Other	Dr Jordan	OA
Psychiatrist	Dr. Angelleli	Schizoaffective disorder

## Family History:

None

## Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score: 0

## Preventative Follow up needed

### Screenings

None

## Social

Smoking/Tobacco	
Healthcare Proxy	
Advanced Directive	

## Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication adherence	
Blood Pressure checks	
Heart Healthy Diet	
Exercise 30 min a day	
Check Blood sugar	
Follow up with doctor for lab work	
Take medications as prescribed	

Assessor Comments	44 yo woman with psychiatric condition and chronic health diseases. Not a reliable historian. She is mostly
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	concerned with her GI distress at this time, and has follow up with GI scheduled. She is mostly concerned that she did not receive her Healthy Rewards gift card. Strongly advised to adhere to medication regimen as ordered by providers
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