

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. WHALEN, RICHARD M MD
SUITE 118 825 FAIRFAX AVE
NORFOLK, VA, 23507

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c/o Focus Care
500 West Cummings Park Suite 2700| Woburn, MA 01801

EVON R WALKER

c/o Focus Care
500 West Cummings Park Suite 2700| Woburn, MA 01801

Dr. WHALEN, RICHARD M MD
SUITE 118 825 FAIRFAX AVE
NORFOLK,VA,23507

2022-04-08

Dear Dr. WHALEN, RICHARD M MD,

Through our partnership with Focus Care, your patient, covered through Optima Health, recently received a health visit by one of Focus Care's clinicians. Enclosed is a summary of the visit results for:

EVON R WALKER
900040437*01

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Please discuss the findings with your patient at their next appointment or reach out to them for urgent concern.

If you have any questions, please contact Focus Care at 1-800-371-3338 (TTY: 711) Monday through Friday, 8:30 a.m. to 9:00 p.m.

Sincerely,

A handwritten signature in grey ink, appearing to be "T. Lundquist".

Dr. Thomas Lundquist, M.D.
Chief Medical Officer
Optima Health

Patient Assessment Summary

Name	: EVON R WALKER	Age	: 75
Date of Birth	: 1946-07-04	Member ID	: 900040437*01
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-4-12 06:05 PM
Gender	: Female	Address	: 7000 AUBURN AVE APT 718,NORFOLK,VA
Lob	: DSNP	Marital Status	:
Email	:	Phone	: 757/386-3128,
Primary Language	: Greek	Race	: No Ethnicity

Vital Signs

Blood Pressure	0/2 mmHG	Pulse	2 bpm	Respiratory Rate	3
Temp	1	Pulse Oximetry	2	Pain Scale /10	9
Age	75	Patients Height	9 feet 9 inch	Patients Weight	200 lbs
BMI	10.3 (Morbid Obesity)				

Allergies

None

Current Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescribing Physician	Status
	Lansoprazole	10	PO = By Mouth	AC		Taking

Over the Counter Medications / Supplements

None

Diagnoses under Chronic Care Management

Active

1. Hypertension

History of

1. Hyperopia
2. Tinnitus
3. Difficulty Chewing, Difficulty Swallowing
4. Parotid Disease
5. Abnormal Cardiac Rhythm, Angina, Pulmonary Hypertension
6. Amyotrophic Lateral Sclerosis, Fibromyalgia, Myasthenia Gravis, Subdural Hematoma
7. Chronic Kidney Disease, Erectile Dysfunction
8. Eczema, Onychomycosis, Psoriasis, Urticarial Disease

Care management related to patient's activity levels

Assistive Devices and DME

Walker, Bed Pan

Falls during the past year

None

Care management related to past medical history

Number of times in the past 12 months seen PCP : 1

Number of times in past 12 months been to the Emergency Room : 1

tytuut

Number of times in past 12 months stayed overnight in hospital : 1

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tytyiyui
Number of times in past 12 months been in a nursing home : 1
yyiy
Had Surgery in the last 12 months : 1
ygiikiu
Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	WHALEN, RICHARD M MD	

Family History:

None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score: 2

Preventative Follow up needed

Screenings

Breast Cancer Screening	
Influenza Vaccine	
Pneumococcal Vaccine	
Diabetes Screening	
Cholesterol Screening	
STIs/HIV Screening	
Osteoporosis Screening	
Abdominal Aneurysm Screening	
Hepatitis C Screening	
Nutrition/ weight management	
Other	

Social

Smoking/Tobacco	
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Patient Assessment Summary

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Gender : Female
Lob : DSNP
Email :
Primary Language : Greek

Age : 75
Member ID : 900040437*01
Date : 2022-4-12 06:05 PM
Address : 7000 AUBURN AVE APT 718,NORFOLK,VA
Marital Status :
Phone : 757/386-3128,
Race : No Ethnicity

Durable Power of attorney	
Advanced Directive	
Literacy	
Social support evaluation	

Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication adherence	
Dental exam	
Eye exam	
Swallowing evaluation	
Blood Pressure checks	
Exercise 30 min a day	
Discuss PT/OT evaluation with PCP	
Check Blood sugar	
Follow up with doctor for lab work	
Take medications as prescribed	
Other	

Assessor Comments	
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