

CONFIDENTIAL INFORMATION

From :

c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

To :

Dr. Kim Martell
unknown

IMPORTANT WARNING: This facsimile is a confidential communication and is transmitted for the exclusive use of the person or entity to which it is addressed. If you are not the intended recipient you are hereby notified that any disclosure, copying or distribution of this information is **STRICTLY** prohibited. If you have received this facsimile communication in error, please notify us immediately by telephone and mail the communication to us at our address printed in the top left-hand corner of this form or destroy this facsimile.

To the extent that Protected Health Information (PHI) is enclosed, please be advised that it is being faxed to you after appropriate authorization from the individual or under circumstances that do not require authorization. It has been disclosed to you from a designated record set whose confidentiality is protected by state and federal law. You, the recipient, are expected to maintain this information in a safe, secure and confidential manner. In addition, federal regulations (42 CFR part 2) prohibit any further disclosure of drug and alcohol abuse treatment information except with specific written consent of the person to whom the information pertains or the parent or legal guardian of a minor child to whom it pertains, unless otherwise permitted by federal law. A general authorization for the release of information is **NOT** sufficient for this purpose. State law prohibits any further disclosure of this sexually transmitted disease information, including HIV/AIDS, without specific written consent of the person to whom the information pertains, or the parent or legal guardian of a minor child to whom it pertains, unless otherwise permitted by state law. A general authorization to release information is **NOT** sufficient for this purpose.

Southwestern Health Resources



Dr. Kim Martell
unknown
Grand Prairie, TX,

Dr. Kim Martell

Your patient was recently offered a convenient in-home assessment and health screening, not to replace his or her scheduled appointments with you. Our goal is to help patients take charge of their health by encouraging regular check-ups and follow-up care. Through our partnership with Focus Care, a licensed medical professional conducted the patient visit. Southwestern Health Resources has provided you with the enclosed summary and results for:

Schretta S Acosta

1952-03-19

853920501

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Only your patient, you and Southwestern Health Resources received this summary and we recommend discussing the findings with your patient at their next appointment or reach out to them with any urgent concern.

If you have any questions about the in-home health review, please call us at <1-855-977-8820 Monday through Friday, 8:30 a.m. to 9:00 p.m. CDT

Sincerely,

A handwritten signature in black ink, appearing to read "J. Fish".

Jason Fish, MD
Chief Medical Officer
Southwestern Health Resources

Patient Assessment Summary

Name	: Schretta S Acosta	Age	: 69
Date of Birth	: 1952-03-19	Member ID	: 853920501
Evaluator Name	: undefined	Date	: undefined
Gender	: Female	Address	: 123 Smith Lane,Grand Prairie,TX
Lob	: LOB	Marital Status	: Single
Email	: sacosta@gmail.com	Phno	: 214-323-3333,

Your Vital Signs

Blood Pressure	130/72 mmHG	Pulse	69	Respiratory Rate	16
Temp	98.2	Pulse Oximetry	94	Pain Scale /10	2
Age	69	Patients Height	5	Patients Weight	177
BMI	32.4				

Your Screenings

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
DIGITAL_RETINAL_EXA M	Select				
HBA1C	Select				
MICROALBUMIN	Select				
FOBT	Select				
DEXA	Select				
PAD	Select				
Peak Flow Meter	Select				

Allergies

Answer: No

Your Medications

Diagnoses	Label Name	Dose / Units	Route	Frequency	Prescrib ing Physicia n	Status
Atrial fibrillation	rivaroxaban	20 mg	PO = By Mouth	QD	Dr. Nathan	Taking

Over the Counter Medications / Supplements

Answer: No

Race

Answer: African American

Preferred language

Answer: English

Diagnoses under Chronic Care Management

Active

Difficulty with Hearing

Patient Assessment Summary

Name	: Schretta S Acosta	Age	: 69
Date of Birth	: 1952-03-19	Member ID	: 853920501
Evaluator Name	: undefined	Date	: undefined
Gender	: Female	Address	: 123 Smith Lane,Grand Prairie,TX
Lob	: LOB	Marital Status	: Single
Email	: sacosta@gmail.com	Phno	: 214-323-3333,

Care management related to self - assessment and psychosocial behaviors

Social service referral to further assess social support infrastructure

Do you have someone who can help if you are sick or have problems?**Yes**

Comment :

Patient requires further evaluation regarding use of recreational drugs or pain medication.

Do you or have you used recreational drugs or pain medication?**Yes**

Comment :

Counsel patient on the need for an Advance Directive.

Do you have an Advance Directive?**No**

Comment :

Care management related to patient's activity levels

- Patient should be referred for a physical therapy evaluation related to ADL's.

Refer patient for a physical therapy evaluation

A. Getting in or out of bed : **No**

Refer patient for a physical therapy evaluation related to ADL's

B. Getting in or out of chairs : **Need Some Help**

C. Toileting : **No**

D. Bathing : **No**

E. Dressing : **No**

F. Eating : **Need Some Help**

G. Walking : **Need Some Help**

How far can you walk : **Less than one block**

H. Going up or down stairs : **Need Some Help**

How many stairs can you climb : **Three to five**

Care management related to past medical history

Do you use any assistive devices? (Check device or none if no devices used)

Answer: Wheel Chair

Are you currently seeing any specialists?

Answer: **Yes**

Medical Specialty	Specialist	For
Cardiologist	Dr. Nathan	atrial fibrillation

- Patient should be referred for a physical therapy evaluation related to ADL's.

Patient Assessment Summary

Name	: Schretta S Acosta	Age	: 69
Date of Birth	: 1952-03-19	Member ID	: 853920501
Evaluator Name	: undefined	Date	: undefined
Gender	: Female	Address	: 123 Smith Lane,Grand Prairie,TX
Lob	: LOB	Marital Status	: Single
Email	: sacosta@gmail.com	Phno	: 214-323-3333,

Refer patient for a physical therapy evaluation

A. Seen your PCP : 2

Refer patient for a physical therapy evaluation related to ADL's

B. Visited the Emergency Room : None

C. Stayed in the hospital overnight : 1

If one or more, describe

Stayed overnight at Texas Health Grapevine, atrial fibrillation. 5/15/2021. Tests ran, member cleared for discharge and follow up with cardiologist.

D. Been in a nursing home : None

E. Had Surgery : None

Have you ever been hospitalized prior to the last 12 months?

Answer: No

- In the past year how many times have you Fallen?

Answer: None

Social service referral to evaluate history of potential abuse

- Have you ever physically or felt emotionally abused by someone

Answer: No

Have you lost weight in the past 6 months?

Answer: 5lbs

Comment: Intentional weight loss. Goal 20 lb weight loss.

Care management related to preventive care

Counsel patient on screening guidelines with relation to type of screens that are age and gender appropriate and timelines for those screens going forward.

Screen	Answer
Colonoscopy	Yes
Breast Exam/Mammography	Yes
Cervical Screening	Not Applicable
Bone Density	Yes
Prostate Exam/PSA	Not Applicable
If Diabetic Eye Exam	Not Applicable
If Diabetic Foot Exam	Not Applicable
If Diabetic Hgb A1c screen	Not Applicable
Lipid Panel	Yes

Care management related to diagnoses and symptoms

Family History

Answer: No

Patient Assessment Summary

Name	: Schretta S Acosta	Age	: 69
Date of Birth	: 1952-03-19	Member ID	: 853920501
Evaluator Name	: undefined	Date	: undefined
Gender	: Female	Address	: 123 Smith Lane,Grand Prairie,TX
Lob	: LOB	Marital Status	: Single
Email	: sacosta@gmail.com	Phno	: 214-323-3333,

- In the past year how many times have you Fallen?

Answer: **None**

Assessors Comments :

Ms. Acosta is a pleasant 69 year old single female who lives with her adult son Bob who assists her with shopping, medications and occasionally with ADLs. She occasionally drives, is able to ambulate one block before tiring, and is active in her church. She has a history of atrial fibrillation for which she sees Dr. Nathan, cardiologist, has follow up appointment December 2021.