

Southwestern Health Resources



c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

Billie R Elmore
2701 Alma Rd Apt 104
Mckinney, TX, 75072

Dear Billie R Elmore,

Thank you for having your yearly health visit offered to you by Focus Care and Southwestern Health Resources. At Focus Care, we believe better information leads to better care. Your health review with Focus Care is a great step toward preventive care and healthy living.

We have enclosed Personal Health Summary from your recent health visit. This summary gives you a good picture of your health and suggests immunizations, screenings, health tests, and local resources that you may want to discuss with your primary care provider.

We want to remind you that this private information does not affect your health care coverage in any way. Be sure to call Southwestern Health Resources before you schedule any health test to make sure it is covered.

We hope you will share your Personal Health Summary with your family and discuss it with your primary care provider. If you have questions about this letter or the enclosed Personal Health Summary, please contact Focus Care at 1-855-977-8820, Monday through Friday, 8:30 am to 9:00 pm. CT.

In good health,

A handwritten signature in black ink, appearing to read "J. Fish".

Jason Fish, MD
Chief Medical Officer
Southwestern Health Resources

Patient Assessment Summary

Name	: Billie R Elmore	Age	: 79
Date of Birth	: 1942-09-09	Member ID	: 008995401
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-6-15 12:02 PM
Gender	: Female	Address	: 2701 Alma Rd Apt 104,Mckinney,TX
Lob	:	Marital Status	:
Email	:	Phone	: 2142505431,
Primary Language	: Persian	Race	: No Ethnicity

Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	79	Patients Height		Patients Weight	
BMI	(Moderate Obesity)				

Allergies

None

Current Medications

None

Over the Counter Medications / Supplements

None

Diagnoses under Chronic Care Management

None

Care management related to patient's activity levels

Assisstive Devices and DME

Prosthesis, Urinal, Other -

Falls during the past year

Twice

Do you worry about falling or feeling unsteady when standing or walking

No

Worries about falling or feeling unsteady when standing or walking?

Did you have a fracture in past 6 months?

Yes

Was it due to fall?

Are you on osteoporosis med?

No

Care management related to past medical history

Number of times in the past 12 months seen PCP : None

Number of times in past 12 months been to the Emergency Room : None

Number of times in past 12 months stayed overnight in hospital : None

Number of times in past 12 months been in a nursing home : None

Had Surgery in the last 12 months : None

Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	CHANDANA ADUNUTHULA REDDY	

Family History:

None

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Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	No				
FOBT	No				
A1C	No				
LDL	No				
RETINAL EYE EXAM	No				
DEXA	No				
PAD	No				

PHQ 2 Score:

Preventative Follow up needed

Screenings

Breast Cancer Screening	
Influenza Vaccine	
Pneumococcal Vaccine	
Diabetic Foot Exam	
Glaucoma Screening	
Cervical Cancer Screening	
Prostate Screening	
Abdominal Aneurysm Screening	
Nutrition/ weight management	

Social

Substance Abuse	
Healthcare Proxy	
Literacy	

Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication adherence	
Dental exam	
Swallowing evaluation	
Heart Healthy Diet	
Take medications as prescribed	
Other	

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Assessor Comments	
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