

Southwestern Health Resources



c/o Focus Care
500 West Cummings Park
Suite 2700
Woburn, MA 01801

Doris I Gavlick
5709 Arkansas Trl
Granbury, TX, 76048

Dear Doris I Gavlick,

Thank you for having your yearly health visit offered to you by Focus Care and Southwestern Health Resources. At Focus Care, we believe better information leads to better care. Your health review with Focus Care is a great step toward preventive care and healthy living.

We have enclosed Personal Health Summary from your recent health visit. This summary gives you a good picture of your health and suggests immunizations, screenings, health tests, and local resources that you may want to discuss with your primary care provider.

We want to remind you that this private information does not affect your health care coverage in any way. Be sure to call Southwestern Health Resources before you schedule any health test to make sure it is covered.

We hope you will share your Personal Health Summary with your family and discuss it with your primary care provider. If you have questions about this letter or the enclosed Personal Health Summary, please contact Focus Care at 1-855-977-8820, Monday through Friday, 8:30 am to 9:00 pm. CT.

In good health,

A handwritten signature in black ink, appearing to read "J. Fish".

Jason Fish, MD
Chief Medical Officer
Southwestern Health Resources

Patient Assessment Summary

Name	: Doris I Gavlick	Age	: 78
Date of Birth	: 1944-06-01	Member ID	: 012216801
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-5-4 10:23 AM
Gender	: Female	Address	: 5709 Arkansas Trl,Granbury,TX
Lob	:	Marital Status	:
Email	:	Phone	: 8175359961,
Primary Language	: Italian	Race	: No Ethnicity

Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	78	Patients Height		Patients Weight	
BMI	(Moderate Obesity)				

Allergies

None

Current Medications

None

Over the Counter Medications / Supplements

None

Diagnoses under Chronic Care Management

Active

None

History of

1. Retinal Disease
2. Difficulty Chewing

Care management related to patient's activity levels

Assisstive Devices and DME

Cane, Prosthesis, Urinal, CPAP

Falls during the past year

None

Care management related to past medical history

Number of times in the past 12 months seen PCP : None

Number of times in past 12 months been to the Emergency Room : None

Number of times in past 12 months stayed overnight in hospital : None

Number of times in past 12 months been in a nursing home : None

Had Surgery in the last 12 months : None

Ever been hospitalized prior to the past 12 months: No

Providers:

Medical Specialty	Specialist	For
Primary Care Physician	PENELOPE AIKIN JACKSON	

Family History:

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None

Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	Yes	2022-05-18			commens
FOBT	Yes	2022-05-18		posiive	commens
A1C	Yes	2022-05-18		diagnos	commens 1
LDL	Yes	2022-05-05		diagnos	commmens
RETINAL EYE EXAM	Yes	2022-05-19		diagnos	commens
DEXA	Yes	2022-05-11	dexa	diagnoss	commen
PAD	Yes	2022-05-18	L: (Normal) R: negaive charged(Mild).	diagnoses	commen required

PHQ 2 Score: 0

Preventative Follow up needed

Screenings

Abdominal Aneurysm Screening	
Hepatitis C Screening	
Nutrition/ weight management	
Other	

Social

Smoking/Tobacco	
Durable Power of attorney	
Advanced Directive	
Literacy	

Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication adherence	
Discuss medication side effects with your Doctor	
Dental exam	
Swallowing evaluation	
Heart Healthy Diet	
Exercise 30 min a day	
Check Blood sugar	
Report abnormal bruising or bleeding	
Take medications as prescribed	

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Other	
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Assessor Comments	
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