

# Southwestern Health Resources



c/o Focus Care  
500 West Cummings Park  
Suite 2700  
Woburn, MA 01801

Joyce Ledford  
12680 Hillcrest Rd Apt 2103  
Dallas, TX, 75230

Dear Joyce Ledford,

Thank you for having your yearly health visit offered to you by Focus Care and Southwestern Health Resources. At Focus Care, we believe better information leads to better care. Your health review with Focus Care is a great step toward preventive care and healthy living.

We have enclosed Personal Health Summary from your recent health visit. This summary gives you a good picture of your health and suggests immunizations, screenings, health tests, and local resources that you may want to discuss with your primary care provider.

We want to remind you that this private information does not affect your health care coverage in any way. Be sure to call Southwestern Health Resources before you schedule any health test to make sure it is covered.

We hope you will share your Personal Health Summary with your family and discuss it with your primary care provider. If you have questions about this letter or the enclosed Personal Health Summary, please contact Focus Care at 1-855-977-8820, Monday through Friday, 8:30 am to 9:00 pm. CT.

In good health,

A handwritten signature in black ink, appearing to read "J. Fish".

Jason Fish, MD  
Chief Medical Officer  
Southwestern Health Resources

# Patient Assessment Summary

Name	: Joyce Ledford	Age	: 71
Date of Birth	: 1950-11-18	Member ID	: 018126801
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-10-12 10:24 PM
Gender	: Female	Address	: 12680 Hillcrest Rd Apt 2103,Dallas,TX
Lob	:	Marital Status	: Separated
Email	: abc@gmail.com	Phone	: ,
Primary Language	: Hebrew	Race	: African American

## Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	71	Patients Height		Patients Weight	
BMI	(Moderate Obesity)				

## Allergies

None

## Current Medications

None

## Over the Counter Medications / Supplements

None

## Diagnoses under Chronic Care Management

### Active

1. Seasonal Allergies

## History of

1. Tinnitus, Vertigo
2. Chronic Post Nasal Drip, Nose Bleeds

## Care management related to patient's activity levels

### Assisitive Devices and DME

Cane, Prosthesis, Wheel Chair, Urinal, CPAP

### Falls during the past year

Twice

Do you worry about falling or feeling unsteady when standing or walking

No

Worries about falling or feeling unsteady when standing or walking?

Yes

Did you have a fracture in past 6 months?

No

## Care management related to past medical history

Number of times in the past 12 months seen PCP : None

Number of times in past 12 months been to the Emergency Room : None

Number of times in past 12 months stayed overnight in hospital : None

Number of times in past 12 months been in a nursing home : None

Had Surgery in the last 12 months : None

Ever been hospitalized prior to the past 12 months: No

## Providers:

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Medical Specialty	Specialist	For
Primary Care Physician	RAHELE LAMEH	

## Family History:

None

## Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN					
FOBT					
A1C					
LDL					
RETINAL EYE EXAM					
DEXA					
PAD					

PHQ 2 Score:

## Preventative Follow up needed

### Screenings

Breast Cancer Screening	
Pneumococcal Vaccine	
Diabetic Foot Exam	
Glaucoma Screening	
Cervical Cancer Screening	
Fall Risk Screening	
Abdominal Aneurysm Screening	
Hepatitis C Screening	
Nutrition/ weight management	
Other	

### Social

Substance Abuse	
Healthcare Proxy	
Literacy	
Social support evaluation	

### Disease Management

Discuss medication side effects with your Doctor	
Hearing evaluation	

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Eye exam	
Take medications as prescribed	
Other	

Assessor Comments	
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