

# CONFIDENTIAL INFORMATION

**From :**

c/o Focus Care  
500 West Cummings Park  
Suite 2700  
Woburn, MA 01801

**To :**

Dr. PENELOPE AIKIN JACKSON  
2005 ROCKVIEW DR,  
GRANBURY, TX, 76049

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**To the extent that** Protected Health Information (PHI) is enclosed, please be advised that it is being faxed to you after appropriate authorization from the individual or under circumstances that do not require authorization. It has been disclosed to you from a designated record set whose confidentiality is protected by state and federal law. You, the recipient, are expected to maintain this information in a safe, secure and confidential manner. In addition, federal regulations (42 CFR part 2) prohibit any further disclosure of drug and alcohol abuse treatment information except with specific written consent of the person to whom the information pertains or the parent or legal guardian of a minor child to whom it pertains, unless otherwise permitted by federal law. A general authorization for the release of information is NOT sufficient for this purpose. State law prohibits any further disclosure of this sexually transmitted disease information, including HIV/AIDS, without specific written consent of the person to whom the information pertains, or the parent or legal guardian of a minor child to whom it pertains, unless otherwise permitted by state law. A general authorization to release information is NOT sufficient for this purpose.

# Southwestern Health Resources



**Texas Health**  
Resources

**UT Southwestern**  
Medical Center

PENELOPE AIKIN JACKSON  
2005 ROCKVIEW DR,  
GRANBURY, TX, 76049

Dear Dr. JACKSON,

Your patient was recently offered a convenient in-home assessment and health screening, not to replace his or her scheduled appointments with you. Our goal is to help patients take charge of their health by encouraging regular check-ups and follow-up care. Through our partnership with Focus Care, a licensed medical professional conducted the patient visit. Southwestern Health Resources has provided you with the enclosed summary and results for:

Doris I Gavlick  
06/01/1944  
012216801

This summary contains an environmental assessment, a summary of existing diagnoses, a list of current medications that may help you gain additional insight into your patient's health, as well as preventive and chronic care recommendations. Only your patient, you and Southwestern Health Resources received this summary, and we recommend discussing the findings with your patient at their next appointment or reach out to them with any urgent concern.

If you have any questions about the in-home health review, please call us at 1-855-977-8820 Monday through Friday, 8:30 a.m. to 9:00 p.m. CT.

Sincerely,

A handwritten signature in black ink, appearing to read 'JF' or 'Jason Fish'.

Jason Fish, MD  
Chief Medical Officer  
Southwestern Health Resources

# Patient Assessment Summary

Name	: Doris I Gavlick	Age	: 78
Date of Birth	: 1944-06-01	Member ID	: 012216801
Evaluator Name	: test clinicianFE, FNP	Date	: 2022-5-4 10:23 AM
Gender	: Female	Address	: 5709 Arkansas Trl,Granbury,TX
Lob	:	Marital Status	:
Email	:	Phone	: 8175359961,
Primary Language	: Italian	Race	: No Ethnicity

## Vital Signs

Blood Pressure	/undefined mmHG	Pulse	bpm	Respiratory Rate	
Temp		Pulse Oximetry		Pain Scale /10	
Age	78	Patients Height		Patients Weight	
BMI	(Moderate Obesity)				

## Allergies

None

## Current Medications

None

## Over the Counter Medications / Supplements

None

## Diagnoses under Chronic Care Management

### Active

None

## History of

1. Retinal Disease
2. Difficulty Chewing

## Care management related to patient's activity levels

Assisstive Devices and DME

Cane, Prosthesis, Urinal, CPAP

Falls during the past year

None

## Care management related to past medical history

Number of times in the past 12 months seen PCP : None

Number of times in past 12 months been to the Emergency Room : None

Number of times in past 12 months stayed overnight in hospital : None

Number of times in past 12 months been in a nursing home : None

Had Surgery in the last 12 months : None

Ever been hospitalized prior to the past 12 months: No

## Providers:

Medical Specialty	Specialist	For
Primary Care Physician	PENELOPE AIKIN JACKSON	

## Family History:

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None

## Care management related to preventive care

Screenings completed during today's visit:

Screening Name	Screening Completed	Exam Date	Screening Result	Diagnosis	Comments
MICROALBUMIN	Yes	2022-05-18			commens
FOBT	Yes	2022-05-18		posiive	commens
A1C	Yes	2022-05-18		diagnos	commens 1
LDL	Yes	2022-05-05		diagnos	commmens
RETINAL EYE EXAM	Yes	2022-05-19		diagnos	commens
DEXA	Yes	2022-05-11	dexa	diagnoss	commen
PAD	Yes	2022-05-18	L: (Normal) R: negaive charged(Mild).	diagnoses	commen required

PHQ 2 Score: 0

## Preventative Follow up needed

### Screenings

Abdominal Aneurysm Screening	
Hepatitis C Screening	
Nutrition/ weight management	
Other	

### Social

Smoking/Tobacco	
Durable Power of attorney	
Advanced Directive	
Literacy	

## Disease Management

Discuss options with your Doctor and/or pharmacist to improve medication adherence	
Discuss medication side effects with your Doctor	
Dental exam	
Swallowing evaluation	
Heart Healthy Diet	
Exercise 30 min a day	
Check Blood sugar	
Report abnormal bruising or bleeding	
Take medications as prescribed	

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Other	
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Assessor Comments	
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