

HRA Form

Health Plan :	Optima Health
Member Name :	HOLT L SANDRA
Evaluator Name :	Christina Medina, Specialty
Assessment Type :	Health Risk Assessment
DOB :	2014-02-07
Evaluation Date :	2022-6-28 05:03 PM
Visit Type :	In Person

CHILD-DEMOGRAPHICS

Name	HOLT L SANDRA
Gender	Female
Address	236 CLEARFIELD AVE STE 215
City	VIRGINIA BEACH
State	shs
Zip	123
Date of Birth	2014-02-07
Age(as of date)	8
Marital Status	Single
Member Identification Number	900036206*01
HICN	123
Phone Number	123
Cell Number	333
Email	abc@gmail.com
Emergency Contact	conac
Phone Number	123
Primary Care Physician	phsicians
Phone Number	123
Guardian Name	
Relationship to Child	
Phone Number	
Cell Number	
Email	
PCP Address	Ghent Family Medicine
PCP City	versile

PCP State	va
PCP Zip	3333
PCP County	shs
Office ID	123
Office Name	ojl

ASSESSMENT INFORMATION

1. Does the member or legal guardian give verbal permission to discuss PHI?  
☐ Yes ☐ No
2. Does member or authorized legal representative give verbal permission to share the results of this assessment verbally and/or electronically with members of the healthcare team?  
☒ Yes ☐ No
3. Is your child enrolled in foster care program?  
☐ Yes ☒ No
4. Preferred language  
☐ English ☐ Other
5. Race  
☒ Caucasian ☐ African American ☐ Asian  
☐ Latino ☐ Native American ☐ Native Hawaiian or other Pacific Islander  
☐ Alaskan Native
6. Does your child have Allergies  
☐ Yes ☒ No
7. Has the child experienced or witnessed an event that caused, or threatened to cause, serious harm to him or herself or to someone else?  
☐ Yes ☒ No
8. What age was the member when this event occurred?

Specify Age:

**Other Event**  
INSTRUCTIONS: The following is a list of behaviors that describe reactions that children may have following a frightening event. For each item that describes your child NOW or WITHIN THE PAST MONTH, please tell me if it is VERY TRUE or OFTEN TRUE of your child; SOMEWHAT or SOMETIMES TRUE of your child; or NOT TRUE of your child. The

term “event” refers to the most stressful experience that you have described above.

9. Child reports more physical complaints such as headaches, stomach aches, nausea when reminded of the event.

- ☒ **Not True (as far as you know)**
☐ Somewhat or Sometimes True
 ☐ Very True
- ☐ Often True

10. Child avoids doing things that remind him/her of the event

- ☐ Not True (as far as you know)
 ☐ Somewhat or Sometimes True
 ☐ Very True
- ☐ Often True

11. Child startles easily (jumps when hears sudden loud noises)

- ☐ Not True (as far as you know)
 ☒ **Somewhat or Sometimes True**
☐ Very True
- ☐ Often True

12. Child gets upset if reminded of event.

- ☐ Not True (as far as you know)
 ☒ **Somewhat or Sometimes True**
☐ Very True
- ☐ Often True

13. Does your child currently need to use medicine prescribed by a doctor (other than vitamins)?

- ☐ Yes
 ☒ **No**

#### Medications

14. List Prescription Medication

Frequency	Prescription Status	Route
AC PC AC & HS BID TID QID QAM QD QOD QPM QW QOW HS	N = New O = Ongoing D = Discontinued H = Hold	PO = By Mouth SQ = Subcutaneous IM = Intramuscular INH = Inhalation IV = Intravenous N = Nasal R = Rectal S = Sublingual

Prescription	Dose / Units	Route	Frequency	Status	Reason
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15. List Over the Counter Medications / Supplements

- ☐ Yes
 ☒ **No**

16. Does your child need or use more medical care, mental health or educations services than is usual for most children of the same age?

- ☐ Yes
 ☐ No

17. Is your child limited or prevented in any way in his or her ability to do the things most

children of the same age can do?

☐ Yes ☒ No

18. Does your child need or get special therapy, such as physical, occupational or speech?

☐ Yes ☐ No

19. Does your child have any kind of emotional, developmental, or behavioral problem for which he or she needs or gets treatment or counseling?

☐ Yes ☒ No

20. Does your child receive support services in the home?

☐ Nursing Care ☐ Personal Care Attendant ☐ Home Health Aide  
☐ No

21. Has your child had a medical checkup in the last 12 months?

☐ Yes ☐ No ☒ Doesn't Know

22. Do you know your child's height and weight?

☐ Yes ☐ No

23. How would you describe your child's weight?

24. For female children >=12: Is your child pregnant?

☐ Yes ☒ No ☐ Doesn't Know  
☐ N/A

25. How often do you worry you don't have enough food for your family?

☐ Never ☐ Sometimes ☐ Always  
☐ Decline to answer

26. Do you know what community resources are available to help you?

☐ Yes ☒ No

27. Does your child have any of the following conditions?

☐ Asthma ☐ Diabetes ☒ Sickle cell disease  
☐ Hemophilia ☐ DD/ADHD ☐ Substance use

Sickle cell disease

☐ Do you know what an Hgb A1C is?

☐ Yes ☐ No

28. Is there any additional information you would like to share about your child?

## PATIENT SUMMARY

Assessors Comments :

Member Acknowledgment

I have been advised by the evaluator and understand that the services performed by the evaluator are limited to the evaluation performed today; the evaluator has no further duties to me once the evaluation performed today is completed ; the evaluator is not liable for abandonment my refusing to provide me treatment or continuing care to me beyond this evaluation; and I should contact my primary care or treating physician for all questions and concerns regarding medical care and treatment or, in the event of an emergency, call 911

Member informed of acknowledgment	<input type="checkbox"/>
Date/Time of Service/Evaluation :	2022-06-23T17:03
Time exam finished	2022-06-23T17:03
Provider Signature	
Addendum	<input type="text"/>
Addendum Signature	

### Disclosure Statement

Protected Health Information (PHI) is information, such as name, age, address, sex, race, and marital status, that may be used to identify your physical and mental health conditions; healthcare that you have received; and, how your healthcare services have been paid for.

FOCUS CARE does not use or disclose your PHI unless required or permitted by National or State laws or with your written consent. FOCUS CARE is required to release PHI to the Department of Health and Human Services (DHHS), or its contractors, for audits or other enforcement actions and to you, if you request access to, or an accounting of disclosures of your PHI.

FOCUS CARE may release your PHI without your authorization for treatment, payment, and health care operations of covered entities, such as providers, health plans, billing clearinghouses, and contracted business associates.

FOCUS CARE may disclose your PHI to you, unless otherwise restricted by law. FOCUS CARE may also use and disclose PHI without an individual's authorization where required by law, including statute, regulation, or valid court order.